

# 2024 Winter Program Guide



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BUILDING DREAMS TOGETHER

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**Monday-Friday: 9-7**

**Saturday: 9-5**

**Sunday Closed**



# Registration Information

Program information including dates, times, locations, and ages are included in this guide. There are three ways to register; on-line, by telephone, and in person. We accept, cash, cheque, debit, and credit card.

## How to Register

On-line registration can be found on our website at [www.martensville.ca](http://www.martensville.ca), look for the 'Program Registrations' button. In person and phone registration will take place at the Martensville Athletic Pavilion. We are located at 200 Mike Sands Boulevard and our number is 306-683-5576. Hours of operation are Monday-Friday 7:00am - 10:00pm and Saturday and Sunday 8:00am - 9:00pm. **All registration fees must be paid in full when registering.** We accept cash, cheque, debit, and credit card.



For more information or if there is a program that is not listed that you would like to see offered, please call 306-683-5577 or e-mail [areddekopp@martensville.ca](mailto:areddekopp@martensville.ca).

## Refund Policy

**REASONABLE CARE IS TAKEN TO ENSURE THAT THE INFORMATION AND LISTINGS IN THE LEISURE GUIDE ARE UP TO DATE AND AS ACCURATE AS POSSIBLE AT THE TIME OF PUBLICATION. PLEASE NOTE THAT SOME OF THE PROGRAMS OPERATING DAYS, TIMES, AND LOCATIONS MAY CHANGE DEPENDING ON REGISTRATION NUMBERS.**

- A refund request that is received ten (10) days prior to the start of course will receive a 100% refund. No reason shall be required.
- A refund request received within 10 days of the course starting or once the course has commenced, and no more than 20% of the course is complete will receive a 50% refund.
- After 20% of any course has been completed no refund shall be issued.
- 100% refund will be issued if the program is cancelled by the Recreation & Community Services Department.
- A pro-rated refund will be issued under the following circumstances;
  - Medical reasons, a medical certificate will be required.
  - Program class cancellations, where classes cannot be made up.

**Registration Opens Monday, December 11th at 9:00am**

*24 Hour Emergency Service*

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# Funding Opportunities

For more information on the programs listed below, please call 306-683-5577 or e-mail [areddekopp@martensville.ca](mailto:areddekopp@martensville.ca).

## KidSport™ Martensville

### What is it?

KidSport is a children's charity dedicated to assisting children ages 5-18 of families facing financial obstacles with the opportunity to participate in community sport programs. The primary goal of KidSport should be for ALL kids to play and have fun!



### How Does the Program Work?

Individual grants of up to \$750 are available per calendar year for children or youth up to the age of 18. Application forms for KidSport are available at the MAP.

### How Can YOU Help?

Support KidSport through purchasing raffle tickets, attending events, purchasing cut outs or simply making a donation. Tax receipts are provided for any donation over \$25.00. 100% of donations and fundraising proceeds support children right here in Martensville.

*In 2023 Martensville KidSport received over 60 applications totalling over \$27,000. Each year we see an increase in the amount of applications. Please support Martensville KidSport this year so ALL kids can play!!*

## Jumpstart

Help kids learn new skills, build confidence, and boost their self-esteem. Every dollar of your donation helps them get into the game. Jumpstart is a community based charitable organization that helps kids in need participate in organized recreational activities. This program will also help to fund equipment costs. The jumpstart application is on-line at <https://jumpstart.canadiantire.ca/pages/individual-child-grants>



## Intercommunity Development Group

The Intercommunity Development Group consist of members from Martensville, Warman, Osler, Dalmeny, and Langham. The primary focus is to raise funds for children who wish to participate in arts, culture, drama, or recreation not covered by KidSport or Jumpstart.

## Sask. Lotteries Community Grant

The purpose of the Sask. Lotteries Community Grant program is to provide funds to local, non-profit and volunteer-based organizations whose sole purpose is to provide programs and services in the sport, culture, or recreation sector. The project or event must take place between April 1st and Mar. 31st of the following year. Applications are accepted in February each year.



## Recreation Membership & Program Accessibility

This program will offer a discounted rate on yearly recreation facility memberships at the MAP and city operated leisure programs for families and individuals whose income is below a certain level.

The discounted membership will be 50% off the original price of a yearly membership at the Martensville Athletic Pavilion. The discounted leisure program registration will be 80% off the original price of the city offered leisure program, up to a maximum of \$200 per family member per year.

Families or individuals looking to apply for this program must complete the application form and provide all required documents. All information on the forms provided by the participants will be strictly confidential. Applications are available at City Hall and the MAP. This program is only for City of Martensville residents.

## Want to Advertise Your Business in the City of Martensville Program Guide?



The City of Martensville Program Guide is delivered to all households in the community four times a year; Spring, Summer, Fall and Winter and is available to view online through the City of Martensville and Martensville Messenger websites, giving your businesses even more exposure. Contact the Martensville Messenger for information on advertising rates and sizes.

Call: Jocelyn at (306) 270-6156 or Shanine at (306) 361-3040

E-mail: [advertising@martensvillemessenger.ca](mailto:advertising@martensvillemessenger.ca)



# Toddler Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Gymnastics - Curious Caterpillars	0-2	Wed. 9:10am - 9:55am	Jan. 10 - Mar. 20 (No class Feb. 21)	10	\$150	MAP	Rhea
	2 & 3	Wed. 10:05am - 10:50am					
Gymnastics - Courageous Cocoons	3 & 4	Wed. 11:00am - 12:00pm			\$160		
Learn to Skate	3-5	Thurs. 11:00am - 11:45am	Jan. 11 - Mar. 21 (No Class Feb. 22)	10	\$85	Sports Centre	Angela
		Thurs. 1:15pm - 2:00pm					
		Thurs. 2:00pm - 2:45pm					
Parent & Tot Skate	1-5	Tues. 10:00am - 10:45am	Jan. 9 - Mar. 19	11	FREE	Sports Centre	No Instructor
Sportball Multisport for Toddlers	1.5-2.5	Wed. 5:15pm - 5:55pm	Jan. 10 - Mar. 27 (no class Jan. 31 or Feb. 21)	10	\$170	Valley Manor	TBD
	2.5-4	Wed. 6:00pm - 6:45pm			\$170		
Toddler Time	0-5	Mon. - Fri. 9:00am - 12:00pm	Year Round		\$3.25/ toddler	MAP	No Instructor
Toddler Time Frenzy	0-5	Thurs. 9:00am - 12:00pm	Dec. 7, Jan. 4, Feb. 1, Mar. 7, Apr. 4		\$5.00/ toddler	MAP	No Instructor

## Gymnastics – Curious Caterpillars

This parent and tot class oozes with fun, and fundamental movements! We learn different locomotions, balances, and rotations. We also learn safe landings and safe ways to fall. We incorporate songs and games into our lessons and encourage parent participation, which the littles quite enjoy. Truly a wonderful activity to bond with your child! This class uses the CanGym program from GymSask.

## Gymnastics - Courageous Cocoons

This is a parent and tot artistic gymnastics class that combines specifically designed games and lessons to encourage kiddos to explore artistic movement. We focus on CanGym's fundamental movement patterns including landings, rotations, springs, statics, and locomotions. Our focus is fun, fitness and fundamentals! This class uses the CanGym program from GymSask.

## Learn to Skate

Teaching basic skating skills through games, circuits, and creative expression. Angela is an enthusiastic instructor that will get your child up and gliding across that ice in no time! Helmets with protective face masks are mandatory.

## Parent & Tot Skate

An opportunity for you to come out and teach your toddler to skate. There is no charge, just come out and have some fun with your little one.

## Sportball Multisport for Toddlers

This program focuses on physical movement and social exploration through an introduction of a different sport each class using developmentally appropriate games and activities. This is a ONE-PARENT-TO-ONE-CHILD class. Each child attends this program with ONE parent or guardian. This is an indoor class and parents will be invited to stay and watch if the weather conditions are favourable for an outdoor class. Check out their website for more information on this amazing program. [www.sportball.ca](http://www.sportball.ca).

## Toddler Time

Need to get your toddler out of the house for a while? Toddler time is an open gym time with a variety of equipment and play apparatuses. At this program, parents/caregivers share with their children the importance of play in a fun and interactive setting. Indoor footwear or socks are required, and all food must be consumed in the lobby area.

## Toddler Time Frenzy

This event was a hit last year, so we are going to bring it back!! Shake off those cold weather blues and bring your little ones to our Toddler Time Frenzy at the MAP!! We will have our Toddler Time toys, a Bouncy Castle, and some extra fun activities for the kids. We will also have coffee and treats for all the caregivers. Cost is \$5/child and will be held at the MAP on the first Thursday of the month from November - April.





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# Youth Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Art Classes - Beginner	6+	Sun. 2:00pm - 2:50pm	Jan. 21 - Mar. 17 (no class Feb. 18)	8	\$125	Heritage Centre	Tracy
Art Classes - Intermediate	8+	Sun. 3:00pm - 3:50pm					
Art Classes – Painting	8+	Sun. 4:00pm - 4:50pm					
Babysitting Course	11+	Sat. 9:00am - 4:00pm	Mar. 2	1	\$80	MAP	Lisa
Ball Hockey	5 & 6	Mon. 6:00pm - 6:45pm	Jan. 8 - Mar. 25 (no class Feb. 19 or Mar. 11)	10	\$100	Valley Manor	Jack
	7-10	Mon. 6:45pm - 7:30pm					
Family Night Out (Drop In)	5+	Fri. 6:00pm - 8:00pm	Jan. 12 - Mar. 15 (no drop-ins Feb. 23)	9	\$8.25/ family \$3.25/ person	Lake Vista Large Gym	Brad
Gymnastics – Marvelous Monarchs	5	Tues. 4:15pm - 5:15pm	Jan. 9 - Mar. 19 (No class Feb. 20)	10	\$175	MAP	Rhea
	6	Tues. 5:30pm - 6:30pm					
	7 & 8	Tues. 6:45pm - 7:45pm					
	9-12	Tues. 8:00pm - 9:00pm					
Kids in the Kitchen	9-12	Tues. 6:00pm - 8:00pm	Jan. 9 - Feb. 13	6	\$125	Lake Vista	Glenda
Sportball for Big Kids	4-6	Wed. 6:45pm - 7:45pm	Jan. 10 - Mar. 27 (no class Jan. 31 or Feb. 21)	10	\$170	Valley Manor	TBD
Staying Home Alone	10+	Sun. 1:00pm - 5:00pm	Mar. 3	1	\$50	MAP	Lisa
Volleyball	6-8	Tues. 6:00pm - 7:00pm	Jan. 9 - Mar. 19 (no class Feb. 20)	10	\$100	Holy Mary	Peyton
	9-12	Tues. 7:00pm - 8:00pm					
Wood Carving	10+	Wed. 7:30pm - 9:30pm	Jan. 10 - Mar. 13	10	\$125	North Ridge	Paul

## Art Classes - Beginner

This class will be an exploration of art and an introduction to different mediums. Each child will learn techniques with pencil, charcoal, pastels, and acrylic paint. We will spend two weeks on each art form and complete a piece of art in each medium to take home. Students can pick from pictures provided to create their masterpieces! Each student will receive individual help to advance their abilities as they work on their artwork. Join us for some fun!

## Art Classes - Intermediate

Once you've mastered the art basics in my Beginner Art Class, you can move into the Intermediate Art Class. We will learn more art techniques like perspective and try out different styles in the same mediums as our beginner class. Our final project in each medium will be your choice and you will have several classes to complete it. Join us for some fun!



# Youth Programs

## Art Classes – Painting

Once you've mastered the art basics in my Beginner Art Class, you can move into the Painting Class. This class will explore both water color and acrylic painting techniques. We will spend 4 weeks working in watercolor, creating several projects and 4 weeks working in acrylic paint, on both paint paper and canvas. Students can work from pictures or objects they bring from home or choose from a selection in class.

## Babysitting Course

This babysitting training course is packed with everything you need to know to become a babysitter! Students will learn how to not only keep children safe, but also how to keep themselves safe before, during and after babysitting. In this course, students will go through many activities, work together as a team, and participate in discussions! Some important topics include basic first aid, technology, behavioural management, having fun, emotional regulation, baby and toddler training, and much more! Please bring a lunch, a teddy bear and a notebook! Students will all receive a certificate and a workbook that is filled with useful information!

## Ball Hockey

The sport of ball hockey is a sport anyone can enjoy. Regardless, if you are a high-level ice hockey player or have never strapped on the blades, this sport is for you. During this program your children will learn passing, shooting, stick handling, and teamwork through drills, activities, and games. A Game for Everyone!

## Family Night Out (Drop In)

A great place to come to burn off some energy with the kids. Choose from a variety of sports including basketball, badminton, pickleball, dodgeball, soccer etc. It is an open gym setting just come and choose what you would like to do. A great way to spend some active time with your family. Cash only.

## Gymnastics - Marvelous Monarchs

This artistic gymnastics class is designed for all abilities! Whether you want to enhance the skills you are learning or you are completely new to gymnastics; we want to see you! We practice floor skills such as various rolls, cartwheels, handstands, and variations of each. We also teach leaps, turns, jumps, and combine them all in a choreographed routine. This class follows the CanGym program from GymSask.

## Kids in the Kitchen

Kids in the Kitchen will provide a hands-on experience for kids ages 9-12. They will learn food preparation, cooking terms, table manners and clean up! Students will prepare simple and nutritious foods like breakfast burritos, crepes, mac & cheese, and cookies that they will then be able to prepare at home. You could be the next Food Network Star like Jamie Oliver, Anne Burrell, or Guy Fiere!

## Sportball Multisport for Big Kids

School children are introduced to the concepts and skills involved in 9 popular sports. Developmentally appropriate methods are used to reinforce the benefits of teamwork and skills development rather than the importance of winning. THIS IS A DROP-OFF PROGRAM. This is an indoor class and parents will be invited to stay and watch if the weather conditions are favourable for an outdoor class. Check out their website for more information on this amazing program. [www.sportball.ca](http://www.sportball.ca).



## Staying Home Alone

This interactive 4 hour course prepares your child to feel more confident staying at home alone. We will cover all safety measures, how to respond to emergencies, appropriate tasks to do at home alone, as well as basic first aid. This course is designed to help your child feel confident and safe while being home alone.

## Volleyball

The place to have fun, learn how to play, and make new friends. It doesn't matter if you are just starting or have already mastered some skill, this is the place to be! Your child will learn how to pass, set, hit, and serve through drills, activities, and games. Most importantly they will learn what it takes to be a great volleyball player. Come have fun with us, we hope to see you there!

## Wood Carving

Come join us for a night of wood carving. Beginner projects may include items such as a polar bear, mouse, hound dog, etc. Intermediate and advanced will focus on a rolling bear. We have a limit of 10 people so be sure to register early.

**Registration  
Opens Monday,  
December 11th at  
9:00am**



# Adult Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Adult Learn to Skate	16+	Thurs. 12:00pm - 1:00pm	Feb. 1 - Mar. 14 (No Class Feb. 22)	6	\$90	Sports Centre	Angela
Art Hive (Drop In)	12+	First Friday of the Month 6:00pm - 8:00pm	Jan. 5, Feb. 2, Mar. 1, Apr. 5, May 3	5	\$5/drop In	Heritage Centre	Sara
Basketball (Drop In)	16+	Mon. 8:00pm - 10:00pm	Jan. 8 - Mar. 25 (no drop in Jan. 22, Feb. 19, Mar. 4)	9	\$3.25/ drop In	Holy Mary Large Gym	No Instructor
First Aid & CPR	14+	Sat. 9:00am - 5:00pm	Feb. 10	1	\$150	Heritage Centre	Bruce
First Aid & CPR Recert	14+				\$110		
Floor Hockey (Drop In)	16+	Wed. 8:00pm - 10:00pm	Jan. 10 - Mar. 27 (no drop ins Feb. 21)	11	\$3.25/ drop in	Lake Vista Large Gym	Randy
Line Dance - Ultra Beginner	16+	Wed. 10:00am - 11:30am	Jan. 10 - Mar. 20 (No class Feb. 21st)	10	\$85	MAP	Karen
Line Dance - Beginner		Wed. 12:00pm - 1:30pm					
Line Dance - Improver		Wed. 2:30pm - 4:00pm					
Line Dance - Intermediate		Wed. 4:30pm - 6:00pm					
Pickleball (Drop In)	16+	Tues. & Thurs. 7:30pm - 9:00pm	Jan. 9 - Mar. 28 (no drop-ins Feb. 20, 22, Mar. 21)	21	\$3.25/ drop in	Holy Mary Large Gym	No Instructor
Seniors Walking & Pickleball	55+	Mon. - Wed. - Fri. 12:30pm - 4:00pm	Year Round		\$3.25/ drop in	MAP	No Instructor
Therapeutic Art Workshop – Collage	16+	Sun. 5:30pm - 7:30pm	Jan. 7	1	\$50	Heritage Centre	Sara
Therapeutic Art Workshop – Mask Making	16+	Sun. 5:30pm - 7:30pm	Jan. 21	1	\$50	Heritage Centre	Sara
Therapeutic Art Workshop – Yoga Nidra & Art	16+	Sun. 5:30pm - 7:30pm	Feb. 4	1	\$50	Heritage Centre	Sara
Therapeutic Art Workshop – Altered Books	16+	Sun. 5:30pm - 7:30pm	Feb. 25	1	\$50	Heritage Centre	Sara
Therapeutic Art Workshop – Dreams & Art	16+	Sun. 5:30pm - 7:30pm	Mar. 3	1	\$50	Heritage Centre	Sara
Therapeutic Art Workshop – Eco Art	16+	Sun. 5:30pm - 7:30pm	Mar. 24	1	\$50	Heritage Centre	Sara
Wood Carving	10+	Wed. 7:30pm - 9:30pm	Jan. 10 - Mar. 13	10	\$125	North Ridge	Paul

# Adult Programs

## Adult Learn to Skate

New to skating or just want some pointers? Our Adult Learn to Skate program will teach basic skating skills through circuits. Angela is an enthusiastic instructor that will get you gliding across that ice in no time! Helmets with protective face masks are mandatory.

## Art Hive

An art hive is a community based art studio that welcomes everyone as an artist. An art hive promotes values of inclusion, respect and learning. It's a welcoming place to talk, make art and build communities. You are invited to bring an art project of your own or use the art supplies that will be provided.

## Basketball (Drop In)

A night out with friends, this recreational drop-in program will allow games that reflect a recreational league-style play or just an opportunity to shoot around.

## First Aid & CPR

Blended learning is a combination of in-class, face-to-face instruction with online instruction. Typically, theory and information are conveyed to participants outside of the classroom through an online component. This allows for the in-class component to concentrate on skill development and the application of theory.

## Floor Hockey (Drop In)

A night out with friends, this recreational drop-in program will allow games that reflect a recreational league-style play. For more information contact Randy at [psdjs@telus.net](mailto:psdjs@telus.net) or 306-386-7701.



**Registration Opens  
Monday, December  
11th at 9:00am**

## Line Dancing

Line Dancing is a fun social activity, promoting exercise, helping to develop and/or maintain posture, balance, coordination, and memory. A line dance is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows. There are no partners and anyone of any age and gender can line dance. In the class, all participants will face the same direction, and execute the pattern of steps at the same time. Music of all genres – classic, country, pop, Latin, modern...; rhythms – waltz, two-step, polka, jive, Charleston, foxtrot, cha cha, rumba, swing, street dance, rap...

**Ultra Beginner:** No Previous Experience Required. Steps generally taught: walking forward and back, grapevine, step together, jazz box, jazz box ¼ turn right, heel dig, heel splits, toe touch, toe fan, rocking steps, rocking chair, stomp, shuffle forward, vine right and left, ¼ turn right and left, triple step, scuff, brush, hip bumps... (16, 24, 32)

**Beginner levels:** Previous dance experience and knowledge required (completed ultra beginner). Simple dance style turns and rhythms. Steps generally taught: hook, heel splits, Mambo forward – back – side, weave, toe struts, Pivot turns, ¼ turn, jazz box ¼ turn left, coaster step, Lock step shuffle forward, Lock step shuffle back, kick ball change, Lindy, skate, scissor step, Sailor step, ¼ turn Sailor step, ¼ Monterey, Rolling Vine, Turning Shuffle, ..... Restarts. (16, 24, 32, 40)

**Improver:** Previous line dance experience and knowledge is required (completed beginner levels). Steps and dance patterns, turns and foot work are complex, with complex dance style and rhythm. Steps generally taught: traveling steps, Diagonal position, Diamond turn, ½ Monterey, ½ turn sailor, turning right and left in combination, vaudeville steps, samba steps, ¾ turn, ¾ on spot turn..... Tags and/or restarts in music. (32, 40, 48, 64)

**Intermediate:** This is the most popular level of social line dance and this classification will feature dance routines suitable for experienced dancers. Basically dancers who have completed beginner and improver dance and mastered a comprehensive range of step patterns, body position/movements and dance rhythms. An intermediate routine is likely to feature interesting step combinations, pauses, syncopations, body movements, timing variations and styling. (i.e. Heel Jack, Apple Jacks, Vaudeville Step, Dorothy Step, Mashed Potato, Full turn +, Hesitation, Pencil or Spiral Turns, Mule kicks....). Tags, phrase and restarts in music. ... (32, 40, 48, 64, 80, 96, 102...)

## Pickleball (Drop In)

Come try out this exciting sport! Pickleball is a sport that combines elements of tennis, badminton, and table tennis. Pickleball can be played as doubles or singles. The games we play on Tuesday and Thursday nights reflect a recreational style of play. Players of all skill levels from those just learning the game to more advanced, play together while rotating partners after each game. We have some paddles and balls available if people just want to try it out. Hope to see you out!



# Adult Programs

## Seniors Walking and Pickleball (55+ Drop -In)

We are excited to be continuing our Seniors Programming at the MAP. Come for some fitness, socializing, games, laughs, and good times. Use our fitness center, play pickleball, badminton, or walk. There is something for everyone.

## Therapeutic Art Workshops

### Therapeutic Art Workshops General

Each therapeutic art workshop will be facilitated by professional art therapist, Sara Skipper. Participants can expect to come together in a group setting of no more than 10 people. You will be invited to explore the art materials in a way that gives you the opportunity for self-expression, personal insight and the positive benefits of being together in community.

Please note while the therapeutic art workshops are facilitated by an art therapist, they are not to be considered group therapy. These workshops are not instructional in nature and are created in a way where everyone can work at their own pace. Each workshop will begin with an introduction/welcome, art making time and an opportunity to share art/experience with the group if you choose - sharing is optional and not a requirement to attend.

### Collage

Collage making can be an easy way to begin building a creative practice. You will be invited to use recycled magazines, clippings, papers and other types of art materials. You are welcomed to bring images of your own that you might like to use for your art or you can use the materials provided.

No special art skills or previous experience is required.

### Mask Making

Mask making is a chance to create a piece of art work unique to you. You can use your imagination to create any type of mask you wish or you can follow suggestions provided. Participants will be invited to explore a range of different types of materials to create their own personal mask. No special art skills or previous experience is required.

### Yoga Nidra and Art

Yoga nidra is a relaxation practice that combines guided meditation with deep physical and mental rest. This workshop will be divided into two parts. We will begin with a yoga nidra practice. Participants will be invited to create artwork in response to their yoga nidra experience for the second half of our time together.

No special art skills or previous experience is required. Yoga mats and bolsters are available if needed. Participants are encouraged to bring a pillow, a blanket and to wear clothing that will keep you comfortable as you rest.

### Altered Books

An altered book is a piece of artwork that is created from a recycled or thrifted book. Participants will be introduced to this style of art making and will be invited to begin an altered book of their own. You are welcomed to bring a book from home or use the books provided for you. No special art skills or previous experience is required.

### Dreams and Art

Have you ever been curious about your dream world? This workshop is designed to offer participants the chance to create artwork in response to a dream of their choice. The group facilitator will guide participants through different creative practices to explore their dreams. No special art skills or previous experience is required.

### Eco Art

Do you have a strong connection to nature or would you like to deepen your connection? This workshop is designed to use nature as a form of inspiration for your creative practices. Participants will be invited to use various art materials, including natural items, as a way to explore and build a meaningful connection to the natural world. No special art skills or previous experience is required.

## Wood Carving

Come join us for a night of wood carving. Beginner projects may include items such as a polar bear, mouse, hound dog, etc. Intermediate and advanced will focus on a rolling bear. We have a limit of 10 people so be sure to register early.

**Registration Opens  
Monday, December  
11th at 9:00am**



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# Fitness Classes

Regular fitness activity will improve your overall health and well-being. Do it for life and feel great! Choose from a wide variety of classes; there is something for everyone!! Classes will be held at the Martensville Athletic Pavilion, Heritage Centre, Canalta Hotel, and Martensville High School. Drop-In Fitness Cards are available for \$150, which gives you 12 classes of your choice!!

Program	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Aqua Fitness - Scale-able	Tues. 6:15pm - 7:15pm	Jan. 9 - Mar. 26	12	\$125	Canalta	Elsa
Aqua Intense	Tues. 7:30pm - 8:30pm					
City Circuit	Wed. 6:00pm - 7:00pm	Jan. 10 - Mar. 27	12	\$125	MAP	Jamie
Forever in Motion	Tues. 10:00am - 11:00am or 1:00pm - 2:00pm	Jan. 9 - Mar. 26	12	FREE	MAP	Elaine and Marianne
	Thurs. 10:00am - 11:00am or 1:00pm - 2:00pm	Jan. 11 - Mar. 28				
Gentle Yoga	Tues. 6:00pm - 7:00pm	Jan. 9 - Mar. 26	12	\$125	Heritage Centre	Charlotte
	Wed. 9:30am-10:30am	Jan. 10 - Mar. 27				
Learn to Run	Sat. 9:30am-10:30am	Jan. 6 - Mar. 23	12	\$125	MAP	Charlotte
MAP Equipment Orientation	Mon. or Thurs. 1:15pm - 2:00pm or 6:15pm - 7:00pm	Jan. 8 or Jan. 11	1	\$10	MAP	Jamie
Yin Yang Yoga	Tues. 7:15pm - 8:15pm	Jan. 9 - Mar. 26	12	\$125	Heritage Centre	Charlotte
Yoga Nidra	Mon. 7:30pm - 8:30pm	Jan. 8 - Mar. 25	12	\$125	Heritage Centre	Sara
Zumba	Thurs. 7:00pm - 8:00pm	Jan. 11 - Mar. 21 (no class Feb. 22)	10	\$100	High School	Danielle

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# Fitness Classes

## Aqua Fitness Scale-able

This class can help you build upon what you already know from other Aqua Fitness classes. Many options to make this the perfect workout for you! Choose your intensity and work at your own speed while still maintaining a challenging cardio workout designed to improve your strength, flexibility, and coordination. No swimming experience is necessary.

## Aqua Intense

Are you ready to work? Our Aqua Intense class is designed for those looking for a serious cardiovascular and strength workout in the water. We will challenge your balance and help you achieve the fitness goals you desire. NO swimming experience is necessary although comfort in the water is important.

## City Circuit

This class will utilize the exercise equipment at the MAP and the walking track. It will be a full-body workout in a circuit format. It will be an awesome way to enhance mental focus, cardio, strength, agility, and coordination. No equipment required just bring indoor shoes and a water bottle.

## Forever in Motion

A health promotion initiative that helps older adults become physically active through volunteer-led physical activity groups. It will improve and/or maintain your health through education and physical activity. The program includes endurance, strength, balance, and flexibility activities that can be performed in sitting or standing positions. Please only sign up for one class.

## Gentle Yoga

Practice the form of the basic yoga postures, while allowing yourself to experience a gentle slower paced class. Attention to connecting breath mindfully to move through the postures and creating a balance for greater health and mental awareness. Mats and props are available if needed.

## Learn to Run

A systematic approach to learning how to run including an overall warm-up, options to increasing your cardiovascular endurance each week, muscle strengthening using the weight room at the MAP, and a final cool-down and stretch. Each week we train to walk/run a bit further until we can choose to run for a solid 30 minutes (approximately 4 km). You choose your pace and goals.

## MAP Equipment Orientation

Learn how to use the MAP equipment safely and confidently while getting exercise and nutrition tips that will help you see results!

## Yin Yang Yoga

Yin Yang is a blend of two styles of yoga in one practice. Yin poses are held for longer periods of time. Focus is on slowing down and working deep into the connective tissues and joints in the body. Yang is dynamic sequences (at preferred level of ease/challenge) and standing poses. Focus is on building strength, stamina, and flexibility. Mats and props are available if needed.

## Yoga Nidra

Yoga Nidra is a relaxation practice that combines guided meditation with deep physical and mental rest. Participants lay comfortably on yoga mats with eyes closed, while listening to guidance and cues from the facilitator. Participants will be invited to explore body awareness and visualizations. Yoga Nidra can be practiced to reduce stress, improve mental health and well-being, or deepening the practice of care within a community setting. Yoga mats and bolsters are available if needed. Participants are encouraged to bring a pillow, a blanket and to wear clothing that will keep you comfortable as you rest.

## Zumba

Zumba is a fusion of Latin and international music that will make you sweat. Interval training at its best. Be prepared to ditch your normal workout and join the party. Featuring samba, meringue, reggaeton steps and more. Bring your water bottle and a towel.

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# City of Martensville Events

## Sponsorship Opportunities

Thank you to our 2023 Community Event sponsors; Lakeview Insurance, Kim Hardie Realty, Catterall & Wright, SaskWater, SaskEnergy, SaskTel, Trail Appliances, Aspira Retirement Living, Prairie Central District, SPRA, SaskLotteries, and Affinity Credit Union.



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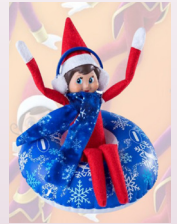
With the support of businesses like yours, we can host fun and inclusive

events for our community! Thank you again! If you are interested in becoming a sponsor for 2024, please contact [jmcculloch@martensville.ca](mailto:jmcculloch@martensville.ca).

## Elf on the Shelf: Martensville's new resident Marten – December 1st

The City of Martensville has a new resident, Marten the Elf! He has decided to make Martensville his home and throughout the month of December make some surprise appearances at local shops, parks, and businesses.

Make sure to keep an eye out for his shenanigans, as he sometimes can get himself into trouble. If you see Marten doing anything suspicious, make sure to email [jmcculloch@martensville.ca](mailto:jmcculloch@martensville.ca) a photo of your family catching him in the act, and you can win some fun prizes!



## Play & Skate with Santa – December 10th

Play & Skate with Santa will take place on Sunday, Dec. 10th at the Sports Centre from 1:00pm -3:00pm. It will be an afternoon full of fun activities for families and kids! Sleigh rides, hot chocolate, music, treat bags, and photos with Santa will be available for the whole event. This will surely be a special day at the rink for you and your family! \$5/person.



## Twinkle Tours - December 11th - 15th

Join us as we take you around the city to see all the wonderfully decorated houses showing off their Holiday Spirit. You can register your family or reserve the whole bus. Log into your recreation account on [www.martensville.ca](http://www.martensville.ca) or give us a call at 306-683-5576 ext. 0. The cost is \$5/person or \$75 for the bus. Spots are limited, so register today!

## Pickleball Tournament - January 13th

Join us for a day of pickleball at the MAP on January 13, 2024! We will be hosting a doubles round-robin tournament for everyone! Throughout the day you will be switching partners at random and are guaranteed to play 3 games! Lunch will be provided at an additional cost. There are three options of play to choose from.

1. 54 and under: This is for those who are aged 54 and under by the start of the tournament
2. 55+: This is for those who are aged 55+ by the start of the tournament
3. Advanced: this is for players who want more challenging matches against others who are advanced players. All ages.



# City of Martensville Events

## Winter FunFest - February 19th

Fun for the whole family! Winter FunFest is held on Family Day at NorthRidge Community Centre and is full of winter-themed activities! We guarantee a day of family fun that will give you and your family some amazing memories. More information about Winter FunFest 2024 will be announced in the new year. If you would like to become a sponsor or volunteer for this event, please email [jmcculloch@martensville.ca](mailto:jmcculloch@martensville.ca).



## Glow Skate - March 10th

Take advantage of one of the last public skating days of the season. On March 10th from 1:00pm-2:30pm, join us for Glow Skating! Strap on the skates, dress in bright neon colors, and head down to the Sports Center. This glow party will have dimmed lighting, glow sticks, and music! Admission is by donation to Martensville KidSport or by donation of non-perishable food items to the Martensville free pantry.

## Easter Egg Geocaching – March 29th - April 7th

Martensville residents love Geocaching! This time, participants will use GPS coordinates to find the Easter eggs hidden around Martensville during the Easter Break, April 10th-16th. Enjoy the week off school by participating in the challenge. Find all the eggs and be entered to win the grand prize! The winner will be drawn on Monday, April 17th.

## Community Information & Volunteer Appreciation Night – April 17th

The City of Martensville would like to invite you to our Community Information & Volunteer Appreciation BBQ on Wed. April 17th at the North Ridge Hall between 5:00pm - 7:00pm. We have many dedicated, hard-working volunteers in our community who run various sports, culture, and recreation organizations. We want to give you a chance to see the great things they have to offer while enjoying a free meal with us. Mark your calendars for Wednesday, April 17th and hopefully, we will see you there!

## Amazing Race - May 4th

The Amazing Race Martensville will take place on Saturday, May 4th and we welcome all ages to participate. We will plan a great event full of fun indoor and outdoor challenges. Teams embark on a quest throughout Martensville, challenging themselves physically and mentally to win the Amazing Race Martensville! Teams of 4 can register at the MAP for the cost of \$25/team. Local businesses who are interested in getting involved should contact 306-683-5575 or [jmcculloch@martensville.ca](mailto:jmcculloch@martensville.ca)

## Monster Garage Sale - May 24th & 25th

The Spring Monster Garage Sale will take place on Friday, May 24th & Saturday, May 25th for the City of Martensville and the City of Warman. The registration fee is \$5 and that gets your address listed on the flyer along with the map of our City, balloons, and a Monster Garage Sale sign. The flyers will be available to pick up at various gas stations, at the MAP, and at City Hall. We will advertise this event through numerous local papers and social media to guarantee a great turnout! The registration deadline is Wednesday, May 22nd at 12:00pm.

## Buster Days – May 31st - June 2nd

We all look forward to Buster Days 2024! This major event in Martensville has been bringing our community together for years. Every time, we try to make it bigger and better by introducing new ideas and entertainment. A full schedule of events will come out in the spring. If you would like to become a part of planning the festivities, consider becoming a Buster Days committee member! Contact us today or visit [busterdays.ca](http://busterdays.ca)!

## Saskatchewan Lotteries & Prairie Central District

Thank you, Saskatchewan Lotteries and the Prairie Central District for Sport Culture and Recreation, for the grants provided that support our local sport, culture, and recreation activities!





# Martensville Athletic Pavilion

Come check out the MAP, there is something for everyone!! Daily, 10 pack, 20 pack, monthly, and yearly memberships are available. Hours of operation are Monday-Friday 7:00am-10:00pm and Saturday / Sunday 8:00am-9:00pm. We are closed all stat holidays. You can call 306-683-5576 for more information. You can also view our schedule on-line at [www.martensville.ca](http://www.martensville.ca)

## MAP Stocking Stuffers & Gift Certificates

A great Christmas idea for all those active people in your life!! You can now purchase \$2.50 Youth Daily Stocking Stuffers or Christmas gift certificates for 10 packs or monthly passes to the MAP. Get them now and save before they go up in 2024!!

## MAP 3 Month Promotional Pass

Back by popular demand we are going to be selling 3 month memberships to the MAP for the winter season. Memberships will be available to purchase from December 15th to January 15th. Cost for a 3 month membership is \$200 for an adult and \$125 for a Senior of 55+. These passes can be purchased at the MAP.

Program	Age	Day & Time	Starts & Ends	Cost
After School Drop-In	8-17	Mon. - Fri. 3:15pm - 5:00pm	School Year Sept. 1 - June 30	\$3.25
MAP Equipment Orientation	16+	Mon. or Thurs. 1:15pm - 2:00pm or 6:15pm - 7:00pm	Jan. 8 or Jan. 11	\$10
Senior's Globe Walk	50+	Tues. 1:00pm - 2:00pm	Jan. 2 - Apr. 30	FREE if you register
Seniors Walking & Pickleball	55+	Mon. - Wed. - Fri. 12:30pm - 4:00pm	Year Round	\$3.25 / drop in
Toddler Time	0-5	Mon. - Fri. 9:00am - 12:00pm	Year Round	\$3.25/ toddler
Toddler Time Frenzy	0-5	Thurs. 9:00am - 12:00pm	Dec. 7, Jan. 4, Feb. 1, Mar. 7, Apr. 4	\$5.00/ toddler

## MAP Equipment Orientation

Learn how to use the MAP equipment safely and confidently while getting exercise and nutrition tips that will help you see results!

## After School Drop-In

If your kids are bored or you want them to get a little more active, then bring them down to the Athletic Pavilion. Ages 8-17 can come and partake in a variety of sporting activities. Anyone 8 and under must be accompanied by an adult.

## Senior's Globe Walk (50+)

We are excited to bring back our Seniors Globe Walk Program this winter. During community consultations, older adults identified the need for more physical activity and social opportunities during the winter months. The Seniors Globe Walk is a response to that need. Globe Walk is free to all participants 50+, it's motivational, it's fun and it's easy to join. Please note that you will have to sign up to participate in this program. Brochures and registration forms are available at the front desk of the MAP.

## Seniors Walking and Pickleball (55+)

We are excited to be continuing our Seniors Programming at the MAP. Come for some fitness, socializing, games, laughs, and good times. Use our fitness center, the track, play pickleball, or badminton. There is something for everyone.

## Toddler Time

Need to get your toddler out of the house for a while? Toddler time is an open gym time with a variety of equipment and play apparatuses. At this program parents/caregivers share with their children the importance of play in a fun and interactive setting. Indoor footwear or socks are required, and all food must be consumed in the lobby area. Juice, coffee etc. can be taken on the court if it is in a travel mug or water bottle.

## Toddler Time Frenzy

This event was a hit last year, so we are going to bring it back!! Shake off those cold weather blues and bring your little ones to our Toddler Time Frenzy at the MAP!! We will have our Toddler Time toys, a Bouncy Castle, and some extra fun activities for the kids. We will also have coffee and treats available. Cost is \$5/child and will be held at the MAP on the first Thursday of the month from January - April.

# Martensville Athletic Pavilion

## Fitness Area

The fitness area consists of 3 treadmills, 3 ellipticals, 1 stair climber, 6 bikes (spin, upright, and recumbent), a cable cross machine, ab machine, leg curl, leg extension, pec fly, leg press, and chest press. Children under 12 are not permitted in the Fitness Area. Children aged 12-14 must be supervised by an adult when using the fitness area.



## MAP Admission Rates

2024 Admission prices will include access to the walking track, the fitness area, and any drop-in programs.

### Adults (19-54)

Single Admission.....	\$8.20
10 Pack Admission.....	\$61.50
20 Pack Admission.....	\$106.60
1 Month Admission.....	\$78.00
12 Month Admission.....	\$560.00

### Senior (55+)

Single Admission.....	\$5.20
10 Pack Admission.....	\$39.00
20 Pack Admission.....	\$67.60
1 Month Admission.....	\$53.00
12 Month Admission.....	\$370.00

### Youth (5-18)

Single Admission.....	\$4.25
10 Pack Admission.....	\$32.00
20 Pack Admission.....	\$55.25
1 Month Admission.....	\$46.00
12 Month Admission.....	\$280.00

### Family

Single Admission.....	\$20.00
10 Pack Admission.....	\$150.00
20 Pack Admission.....	\$260.00
1 Month Admission.....	\$167.00
12 Month Admission.....	\$1080.00

0 - 4 years Free except for Toddler Gym Time..... \$3.25/toddler

High School Student Membership.....\$85.00

\* For Grade 9-12 students attending MHS or living in Martensville.

\* Must have a High School ID card.

Valid for the 2023/24 school year, passes expire June 28th, 2024

## MAP Rental Rates

2024 Rentals can include a wide variety of things including birthday parties, practices, youth groups, or just gym rentals. Please call the MAP at 306-683-5576 for availability of rental times.

### Board Room

Per Hour.....	\$32.75
Service Group Per Hour.....	\$16.25

### Multi-Purpose Room

Per Hour.....	\$46.75
Service Group Per Hour.....	\$16.25

### Track

Per Hour.....	\$97.50
Service Group Per Hour.....	\$59.50
Per Lane Per Hour.....	\$24.25
Service Group Per Lane Per Hour.....	\$14.25

### Birthday Party Package

1.5hr on a court & 30min in a room .....	\$146.00
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### 1 Court

Per Hour.....	\$73.25
Service Group Per Hour.....	\$22.75

### Full Gym

Per Hour.....	\$210.00
Service Group Per Hour.....	\$68.10

### Floor Covering Install/Removal

1 Court.....	\$200.00
2 Courts.....	\$400.00
3 Courts.....	\$600.00

### Turf Install/Removal

1 Court.....	\$1575.00
2 Courts.....	\$2625.00
3 Courts.....	\$3675.00

*\*The Day rate is 10 times the hourly rate.*





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2023-2024		
October	November	December
Friday 6th	Friday 10th	No PD Days
January	February and March	APRIL
Wednesday 31st	No PD Days (check out our School Break Camps!)	Monday 22nd
MAY	JUNE	DETAILS:
Friday 10th	Monday 3rd	<ul style="list-style-type: none"><li>Ages 4&amp;up to Grade 6</li><li>\$40 a child</li><li>8AM-5PM</li><li>Crafts, Tumbling, Stunting, Dance &amp; Parkour</li><li>Boys, girls, members and non-members are welcome!</li></ul>



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# Recreation & Community Services

## Tobogganing Hills

There are three tobogganing hills located at the following three parks: North Hills Park, Kinsmen Park, and Lions Park. Please be careful and have fun!!

## Christmas Holiday Public Skating & Shinny Schedule

Please note that the Sports Centre will be closed on December 25th, 26th, and Jan 1st. Check the website at [www.martensville.ca](http://www.martensville.ca) and click on the Recreation Schedules link for a full schedule of Public Skating & Shinny Times.



## Off-Leash Dog Park

The off leash Dog Park is a year round park located on 10th Ave S. This is the only area in Martensville that permits dogs off leash. Patrons are reminded to obey park rules which are posted at the entrance to the park by the parking lot. Users of the Off Leash Dog Park will find a large open space for dogs to run as well as pathways within the treed area of the park. Residents can access the parking lot by vehicle via the alley off 8th Street South and by foot using the pedestrian bridge off the paths behind Glenview.



## Pathways/Walking Trails

Residents can enjoy over 8 kms of lit paved pathways that intertwine within the various parks, sporting facilities and linear parks. These pathways connect the community from the south to the north. The pathways that are in the community are cleared throughout the winter. If you notice a pathway not cleared please let us know by using the Report an Issue button on our website. [https://www.martensville.ca/pages/report\\_an\\_issue.html](https://www.martensville.ca/pages/report_an_issue.html). Please note that it is not the City's practice to put salt on pathways and users are advised to use caution.

## Rental Space

The City of Martensville has various opportunities for rental spaces whether it be a wedding, birthday party, fundraiser, or a meeting. Please contact the Recreation Program Supervisor at 306-683-5577 for information on rates, sizes, and availability. Facility options are as follows

- North Ridge Community Centre – Large events or wedding - 450-person capacity
- Upper Mezzanine – Meetings and other small events – 90-person capacity
- Heritage Centre – Meeting and other small events – 70-person capacity

## Cross Country Ski Trails

The City is excited to offer cross country ski trails again this year. We are currently developing trails in Kinsmen Park. Once they have been developed maps will be available at [www.martensville.ca](http://www.martensville.ca) and on the City of Martensville Facebook Page.



# Recreation & Community Services

## Arena Board Advertising

Space is still available on the arena boards for advertising. Contact the Recreation Program Supervisor at 306-683-5577 if you wish to obtain additional information.

## Outdoor Skating & Pond Usage

The outdoor rink at the Sports Centre will be used for skating only on Wednesday's from 5:00pm-8:00pm and Saturday's from 2:00pm-5:00pm. All other times are available for shinny.

Those using the canals and lakes, East Trout & Kelly's Pond, for recreational usage are encouraged to use caution as the thickness of the ice will vary. Remember only the following usages are encouraged:

- Skating (on designated areas that are cleared of snow)
- Ice Fishing on East Trout Lake (no ice shacks)

We will be clearing a section of Kelly's Pond and the canal towards East Trout Lake for skating. This area is located within Kinsmen Park. This surface will be maintained once there is adequate ice thickness for skaters.

No vehicles, snowmobiles, or all-terrain vehicles are allowed on the lakes, parks, or drainage ways within our community. Please contact the Recreation Office at 306-683-5576 to receive information on the condition of these areas. We recommend no winter usage of the lake located on Sunset Ridge due to ice strength.

## Cemetery

The site is located east of Martensville at the south-east corner of Township Road 384 and Range Road 3052. Phase I of the cemetery includes 296 casket lots, 282 cremation lots, half of which can accommodate two cremated remains. Phase I also includes a columbaria section where remains can be stored. The cemetery will be operated out of City Hall. Anyone interested in a cemetery lot may call 306-931-2166 to inquire about the purchase of lots. The cemetery design, bylaws, floral and monument regulations, and information on licenses and fees are available at [www.martensville.ca](http://www.martensville.ca).





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## Terry Jenson, MLA

### Martensville-Warman Constituency

#### Office Address

3D - 520 Central St. W, Warman

#### Mailing Address

Box 2270, Warman, SK, S0K 4S0

[office@terryjenson.ca](mailto:office@terryjenson.ca)

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# Local Service Groups

## Martensville New Horizons Seniors

Martensville New Horizons Senior Center invites anyone 55 years of age or older to join and become members of the center. Meet new friends and greet old friends. We enjoy potluck meals every Monday at 6:00 pm and sometimes we save the cooks and enjoy a catered meal. After the meal there are usually a few people playing cards, some challenging each other to pool, shuffleboard, or board games. Bingo has resumed at the center this October. Posters with more information on upcoming bingos will be posted at the library, Corner Store, and the Medicine Shop or call Ed Nowakowski at 306-382-2793 or 306-370-5365. We also advertise our events on Martensville & area Community News on Facebook.



Coffee is every Wednesday morning at 10:00am, everyone welcome, you do not need to be a member to come enjoy a cup of coffee and visit. Potluck suppers every Monday at 6 pm are for members only. If you are considering joining our center, please let Ed Nowakowski know, and you will be invited to attend the potluck and have supper on us. There is an AED Defibrillator on the premises, and we have purchased an electrostatic cleaner for sanitizing.

The senior center now has a brand-new furnace and Air conditioning installed earlier this year to add to your comfort. The hall is available for rent which helps maintain our expenses. For availability and hall rentals contact Dennis Vogel at 306-221-8971 or Lovina Bischler at 306-931-2759.

Our season starts in September and ends with a BBQ in June. Membership is \$50/year per person. Some activities subsidized with the grant from Saskatchewan Lotteries are out of town bus trips to the Spa at Watrous or Moose Jaw, RCMP museum in Regina, the Wheatland Express Train Excursion from Cudworth to Wakaw, the Prairie Lily River boat, local school plays, the Barn Playhouse, MAP memberships and sometimes we have musical entertainment after our suppers. We have enjoyed the Christmas lights in town thanks to Angie Reddekopp and the Twinkle Tours buses. We toured the Forestry farm Enchanted Forest thanks to the Kinsmen. We also held our first New Years Eve party last year with food, live music, and a liquor licence so we could enjoy some refreshments to ring in the new year. It was an amazing success.

We have reintroduced a bingo programme to our activities which is open to the public and play twice monthly. Bingo is played on the second and fourth Thursday of each month. To date we have been very successful with bingo thanks to all the support we have received from the community. We also have started Kaiser and Cribbage tournaments on the occasional Saturday afternoon. The availability of the hall depends mainly on when we can arrange for a tournament. With the installation of the new furnace and AC we believe the hall will be rented out on a more regular basis. The additional income from our renters allows us to spend more on activities which will give our members more to do socially.

We are grateful to the Martensville Kinsmen for their support and a donation towards kitchen upgrades. We are also very grateful to the Martensville Lions club for their generosity in granting us funding for other projects. We would also like to acknowledge The Affinity Credit Union for past financial support of our center.

We are always looking for new members so please check us out. We promise you a great time. For more information about the Martensville Seniors Centre or to become a member contact Ed Nowakowski - 306-382-2793, 306-370-5365 [ernowakowski@sasktel.net](mailto:ernowakowski@sasktel.net).

## Alcoholics Anonymous (AA)

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. AA meets every Thursday at 8:00pm at the Heritage Centre located at 415 6th Ave S.

## Guiding Association

Girl Greatness Starts Here: Girl Guides of Canada (GGC) stands for what it has always stood for - fun, friendship and adventure. GGC is a safe, accepting environment with diverse and exciting programs and activities that offers girls the chance to learn, grow and discover through age-appropriate programming. From sports, camping and science to eco-activities, fashion design and community projects, Guiding's girl centred programming has something for everyone. Guiding is bold, fun, energetic and gives girls the tools and resources they need to achieve greatness. Our year runs from September until April for Sparks (grades K & 1), Brownies (grades 2&3) Guides (grades 4, 5 & 6), Pathfinders (grades 7, 8 & 9) and Rangers (10, 11 & 12). We're always looking for Guide Leaders and you can join anytime throughout the year. No experience required. Please email [martensvilleguiding@gmail.com](mailto:martensvilleguiding@gmail.com) if you have any questions.



## Knights of Columbus

The Knights of Columbus hold regular monthly meetings on the second Tuesday of each month from September to June. Meetings are held at the Immaculate Heart of Mary Church meeting room at 7:30pm. For any information contact Keith Schwark at 306-221-3612 or [keithschwark@yahoo.ca](mailto:keithschwark@yahoo.ca).





# Local Service Groups

## Martensville Youth Connection

MYC is a free drop-in program for youth that focuses on developing skills that help youth navigate life, and improve mental health. The program material is overseen by a Registered Social Worker, and delivered by our youth workers. The first hour is dedicated to teaching about subjects such as self-esteem, triggers, self-harm, addiction, depression, anxiety, consent, boundaries, & healthy relationships. We dedicate time to practice our new skills, and engage in planned activities. At MYC the youth have opportunities to gain volunteer experience. Our holistic approach includes providing healthy snacks, and one on one counselling. Follow us on Facebook and Instagram to see where we are everyday! You can also contact us at 306-370-2107 and by email at [myc@possibilitiessrecovery.ca](mailto:myc@possibilitiessrecovery.ca).



## Martensville Kidsport™ - Give the Gift of Sport

There are many children that are not able to participate in sport due to financial barriers. This Christmas we are inviting you to give a "Gift of Sport". Donations can be made on-line at <https://kidsportcanada.ca/saskatchewan/> just make sure to choose Warman and Area Kidsport™ as the chapter name to ensure it stays in our community. You can also drop off a cheque at the Martensville Athletic Pavilion. If you are writing a cheque please make it payable to Warman, Martensville and Area Kidsport™. Put a smile on a child's face this Christmas and allow them to see the benefits of participating in sport.



## Valley United Soccer Club 2023/24

VUSC is committed to providing a high quality, competitive soccer program for the Valley area and is a part of the Valley Soccer Association.

We are looking ahead to our 2024 outdoor season and our registration is will open for girls and boys teams ages U11-U19 in January. Games are played in Saskatoon with the SYS league. Practices are held in Warman and Martensville area.

For updated information, please find us on FB (Valley United Soccer Club) or at [www.vuscsk.ca](http://www.vuscsk.ca). We can also be reached by email at [vusc.sk.reg@gmail.com](mailto:vusc.sk.reg@gmail.com) with any questions!



## 2023-24 - Martensville Curling Club

Welcome to another fun filled season of curling at the MCC for 2023-2024! Our volunteer executive board members were hard at work in the off-season working on some upgrades /improvements. Some of which include: new lighting for the ice-surface, flooring and paint in the lounge. Come on down to our "Sheet 5 Lounge" and see for yourself! Our regular league play got underway on October 10. Some leagues still have availability so if you are interested in entering a team, here is a summary of our leagues/nights:

- Monday Night - 6:45pm Open League
- Monday Night Doubles - 9:00pm (runs for 6-8 week durations)
- Tuesday Daytime League - 10:00am
- Tuesday Night - 6:45pm Modified Mixed League (must have 1 member of the opposite sex on the team)
- Tuesday Night - 9:00pm Social League (6 week durations, & 6 end games)
- Wednesday Night - 6:45pm & 9:00pm Mens League
- Wednesday Daytime - 1:00pm Drop In league (sign up for individual games, a portion of the season or the whole season. You don't have to enter as a team)
- Thursday Night - 6:45pm & 9:00pm Open League



We have some Sask Curling Tour events scheduled again for this year as well as our local events/bonspiels. Come down and watch some curling or enter an event !

- Dec 1st - 3rd - Annual Lakeview Insurance Senior Bonspiel - Mens & Ladies Divisions
- Jan 26th - 28th - Sask Curling Tour U20 Mixed Doubles
- Feb 2nd - 4th - Martensville Annual Ladies Bonspiel
- March 14th - 17th - Senior Ladies Provincials
- March 23rd - Annual Open Fun Spiel

All information on leagues & events are listed on our website <https://martensvillecurlingclub.com/> We also take bookings for ice/lounge rentals for your office or family fun! Send us an email if don't find what you are looking for on our website [martensvillecurlingclub@gmail.com](mailto:martensvillecurlingclub@gmail.com).



# Local Service Groups

## MCRP - Martensville Community Recreation Project

The Martensville Community Recreation Project is working to provide a new rink and multi-sport recreational facility in the City of Martensville. We host multiple events to raise awareness and funds, which go directly towards that goal. We are very excited to announce that we are now 91% towards our \$4M community fundraising goal!!! Thank you for your support.

Go down in history: Feature your name on our Donors Wall. Celebrate a teammate, honour a friend or family member, thank a coach or support a business. Minimum \$1000 donation which can be pledged at only \$17 a month. A charitable tax receipt will be issued for your donation and your name will be added to the Donors Wall inside the new recreation facility. To be part of this lasting legacy, contact our campaign office at [campaign@mcrp.ca](mailto:campaign@mcrp.ca).

Naming Opportunities: Leave a lasting memory at the province's newest multipurpose recreation facility. Numerous recognition opportunities are available throughout the building and provide enduring recognition for the community's most generous supporters.

- The MCRP's annual events and dates are:
- Martensville 3 on 3 Hockey Tournament - Fall 2024
- Party on the Pond - March 1st & 2nd, 2024
- NHL Playoff Draft - April 21st, 2024
- Street Hockey Fun Day - Part of Buster Days

The MCRP is working with other groups in our city to offer opportunities to raise awareness and funds for recreational facilities in the community.

For more information and updates please check us out at our website <https://mcrp.ca/> or find us on Facebook and Instagram.



## Prairie Valley Scouts

Beavers, Cubs, and Scouts are open to boys and girls, ages 5-14. Beavers (age 5 - 7), Cubs (age 8 - 10), and Scouts (age 11-14) will be meeting Tuesdays at Venture Heights School. A weekend family camping trip is held at the end of the year in June. Registration is online at [www.myscouts.ca](http://www.myscouts.ca). If you have any questions, you can email [prairievalleyscouts@gmail.com](mailto:prairievalleyscouts@gmail.com). Come learn about respecting nature and each other, the community, recycling, and making new friends. We spend time outdoors, play games, go on outings, make crafts, and have fun. JOIN THE ADVENTURE!



## Prairie Sky Chamber of Commerce

The Prairie Sky Chamber of Commerce is a member-driven, non-profit organization created to provide leadership and advocacy for a healthy business environment in Warman, Martensville, and surrounding region. With nearly 250 members, we collectively accomplish more than what a single person or business would be able to achieve alone. Chamber membership offers many cost-effective opportunities to advertise, network, learn, and support your business.



Learn more about how your business can benefit from a Chamber membership by contacting the Prairie Sky Chamber of Commerce at (306) 292-7066 or email us at: [admin@prairieskychamber.ca](mailto:admin@prairieskychamber.ca). You can also visit us at [www.PrairieSkyChamber.ca](http://www.PrairieSkyChamber.ca), or find us on Facebook and Instagram.

The Local Gift Card - Redeemable at many locations in Warman and Martensville! Contact us for more info or to purchase yours today. It's the gift that keeps on giving.

## Martensville & District Lions Club

Serving the community since 1979. Come and spend an hour with us to learn more about our programs. Regular winter meetings take place on the third Tuesday of the month from September through to May at 7:00pm at the Heritage Centre on 6th Ave.

We also have our ongoing recycling program in support of the Dog Guide program, just give a call at either 306-491-8914 or 306-290-6766 to have your recyclables picked up.

If you are interested in information on our programs or becoming a Lions member contact us at [lionsclubofmartensville@gmail.com](mailto:lionsclubofmartensville@gmail.com) or 306-371-0807



# Local Service Groups

## Sask Central Victim Services Inc.

Sask Central Victim Services Inc. is a police-based program that provides confidential assistance to victims of crime and other tragedy. Our staff and locally trained volunteers provide support to victims through crisis intervention, court preparation and accompaniment, information, referrals to local helping agencies and much more. We also liaise with police, prosecutions and/or the Ministry of Justice to offer Victim Impact Statements, Victim's Compensation, Victim's Restitution and much more. For information on services or inquiries on becoming a volunteer please call 306-385-2683 or email [saskcentral@outlook.com](mailto:saskcentral@outlook.com). Our office is located at the Martensville RCMP detachment.



## Maddogs Football

Winter Sessions for Flag and Tackle Skills & Drills will commence at the end of January and will run until the end of March.

- Flag sessions will be for Grades 1-5 and will provide an introduction to the game of football. The focus will be on increasing footwork, agility, and general fitness.
- Tackle sessions will be for Grades 5-9 who want to improve their technique, footwork, agility, and speed.

Please visit [www.maddogsfootball.ca](http://www.maddogsfootball.ca) for further information.



## Spring Six-A-Side Tackle

This is a program run by Saskatoon Minor Football for Males and females in Grades 5-8. If your child is interested in trying tackle football there are both Hilltop & Huskie teams. Online registration opens on January 1st. If there are enough registered, they will base a team out of Martensville and they will be called the Maddogs. To register you need to go to [www.saskatoonminorfootball.com](http://www.saskatoonminorfootball.com) and click Register through SMF. This program runs from the end of April until June.

## SMF Flag Football

Males and females from Grades K-12 can register for Flag Football. Games are played in Saskatoon and practices are once or twice a week determined by their coaches. Most games will be played on Saturdays. Online registration opens on January 1st. Please visit [www.saskatoonminorfootball.com](http://www.saskatoonminorfootball.com) for more information.

This program runs from the beginning of May to the end of June for Spring. September until mid-October for the Fall Season.

## RUSH Female High School Flag Football

This 5 on 5 Flag Football program is for females in Grades 9-12 for all experiences of play and runs from the end of April to mid-June.

- Grade 9-10 Crush Division play on Mondays from 5:30pm-7:00pm
- Grade 11-12 Valkyries Division play on Tuesdays from 5:30pm-7:00pm

## SMF Tackle

Registration for Maddogs Spring Six-A-Side Tackle and Fall SMF Tackle will be online at [www.saskatoonminorfootball.com](http://www.saskatoonminorfootball.com) for Hilltops Tackle - Grades 6-7, and Huskies Tackle - Grades 8-9.

## Academy

The Saskatoon Minor Football North Sask Academy is intended to allow players from Saskatoon and area to experience a high level of instruction and competition in the game of Football from a specialized position. The Academy will be open to players born in 2006, 2007, 2008, 2009, and 2010 or in Grade 8 to Grade 11. New for 2023 and beyond – As part of the Academy SMF is offering additional position-specific training for your selected primary position. The cost is \$165 and includes 6 position-specific 1-hour indoor turf sessions. These sessions will focus on skill development to prepare all Academy athletes before the spring season. The Academy will practice twice a week. The players in the Academy will receive training in Football Skills, Football Systems, Football Analysis, and Leadership Skills. Strength and football-specific off-field training sessions will also be offered at Ignite Athletic Conditioning as a part of the program. The purpose of the Academy is to enhance an athlete's football knowledge and on-field performance. The program will prepare players for the U16 and U18 provincial team try-outs as well as their High School season. League will be divided into two divisions, U16 born in 2009 & 2010 and Varsity born in 2006 or later.

For further inquiries please send your emails to [martensvillemaddogs@gmail.com](mailto:martensvillemaddogs@gmail.com) or visit our website at [www.maddogsfootball.ca](http://www.maddogsfootball.ca)

## Kinsmen Club

Whether you are new to the area, or have lived here all your life, the Martensville & District Kinsmen are always looking for new members. If you enjoy working on community projects and raising funds to help improve the quality of life for local people and the community in a very social and fun atmosphere, then come to a meeting and see what the Kinsmen are all about! We have meetings on the 1st and 3rd Mondays of the month, upstairs at the Martensville Sports Centre. If you have any questions, or would like more info, please e-mail us at [martensvillekinsmen@gmail.com](mailto:martensvillekinsmen@gmail.com)



# Local Service Groups

## Sask Five Baseball Association

The Sask Five Baseball Association gives the youth in our communities the opportunity to participate and excel in the sport of baseball based out of the city of Martensville. With age divisions for players ages 5 to 18 and all skill ranges for approximately 400 players.

Our association originally included players from Martensville, Warman, Osler, Dalmeny, Langham. In 2024 it will include players from a total of 26 communities within Sask Sports Zone 5 boundaries.

Sask Five Baseball takes great pride in working together as neighboring communities, building relationships and memories for Youth Players and Parents through the great game of Baseball. For more information visit our website [www.saskfivegiants.com](http://www.saskfivegiants.com) - watch for 2024 season registration in Feb 2024.



## Martensville Soccer 2024 Outdoor Season

Watch for Martensville Soccer information, registrations will open early February and close early March. We will be taking registration online and offering from ages U5 and up.

Please note the City of Martensville is not part of the soccer association and are not able to take any payments.

If a player is interested in registering but is located in a different zone or moving, please contact Valley Soccer for proper placement options.

Season will start in late April 2024.



## Central Valley Volleyball Club

This club volleyball program is geared toward girls and boys from ages 12yrs to 18yrs that live in Warman, Martensville and surrounding area. The club volleyball season runs from November 28th to April 30th and includes practices, tournaments, and provincials. Practices are held in Warman and Martensville. Learn more about CVVC by visiting our website - [www.centralvalleyvolleyball.com](http://www.centralvalleyvolleyball.com) or find us on Facebook or Instagram.



## Martensville Pickleball Club

The Martensville Senior Pickleball Club, as its name implies, is a group of seniors who come together to play pickleball for fun and recreation. The games provide an opportunity for light exercise with a high importance placed on friendships and socializing.

Club members currently play during Senior Drop-In times at the Martensville Athletic Pavilion, from 1:00pm-4:00pm on Mondays, Wednesdays, and Fridays.

Monday, Wednesday and Friday. In spring and summer months, we enjoy outdoor play at the new outdoor courts next to the Martensville Sport Centre. (arena)

Pickleball is a sport that combines elements of tennis, badminton and table tennis and can be played as doubles or singles. We welcome players of all skill levels. Periodic training clinics are offered for both beginners and more experienced players.

For more information about our Pickleball Club or membership, please contact Cheryl at 306-227-5584 or Lynn Bloom at 306-476-2564.



## Martensville Slo-Pitch Association

Mark your calendars. The Annual General Meeting for Slo-Pitch is going to be held on Thursday, February 15th at 7:30pm. More information regarding the league will come out at the AGM. New teams are always welcome pending space is available. All those new teams wishing to join our league this year should e-mail [martensvilleslopitch17@gmail.com](mailto:martensvilleslopitch17@gmail.com). We are looking forward to another successful Slo-Pitch Season!!





# Local Service Groups

## 574 "Dakota" Royal Canadian Air Cadet Squadron

Air Cadets is a national program for young Canadians aged 12 to 18 who are interested in learning about the Air Element of the Canadian Forces, as well as participating in a variety of fun, challenging and rewarding activities. 574 Dakota Squadron serves Martensville, Warman, Dalmeny, Osler and area.

Air Cadets will participate in many activities, including gliding and flying days, bush survival weekends, physical fitness, and summer camp opportunities. The Cadet program helps youth develop into strong young adults and instills valuable life and work skills, such as leadership, self-discipline and teamwork. Finally, Cadets will also participate in citizenship and community activities, such as Remembrance Day. The sky is the limit!

574 "Dakota" Royal Canadian Air Cadet Squadron meets September to mid-June at the North Ridge Centennial Community Centre, Thursday evenings from 6:30pm to 9:00pm. For more information, check out our website at [www.574dakota.ca](http://www.574dakota.ca) or on Facebook at [www.facebook.com/574RCACS/](https://www.facebook.com/574RCACS/)



## Martensville Amateur Softball Association (MASA) / Twin City Angels (TCA)

Martensville Amateur Softball Association (MASA) and Twin City Angel's (TCA) would like to congratulate all the teams on their victories this year in the 2023 Softball Season. As well we would like to thank all the players, parents, coaches, executive members, and many volunteers that made the 2023 Softball Season successful. Your hard work is greatly appreciated! We hope everyone had a great season.

Our associations are pleased to announce that we are joining forces to create one softball association for the Martensville and Warman area. Please check our website [www.twincityangels.com](http://www.twincityangels.com) for all the exciting changes coming ahead over the course of the winter.



## Martensville Minor Hockey

The 2023/2024 Minor hockey season has begun with over 450 players registered ranging in ages from 5 - 17. This season we again have over 30 teams representing our hockey association and we are excited to be hosting several all-female hockey teams this year along with a new 15AA team in the newly formed Sask League.

This past year we saw our male and female athletes continue to enjoy a lot of success with several players making their debuts in the WHL, SJHL, PJHL, USPHL, SMAAAHL and go on to begin college hockey opportunities! MMHA works hard to make hockey inclusive for all and to ensure that every player who wants to play this great game is given that opportunity.

The Martensville Minor Hockey Association is a group of volunteers dedicated to the growth and development of young athletes through the game of hockey. We want to thank all of the coaches, managers and community partners as well as Sask Lotteries for their support. Because of these great people and organizations our program is successful and each player is given an opportunity to play the sport they love! Visit Martensville Minor Hockey Association website for an up to date list of scheduled games, then come out and cheer on our Marauders!

See You at the rink!



## Martensville High School - 150 Mike Sands Blvd – 306-931-2230

Martensville High School is the home of the Royals and a place where we believe all students can be self-motivated, empathetic, confident, critical, and reflective learners who are prepared for their next steps in life. In the fall of 2015, students and staff at Martensville High School moved their operations into their state-of-the-art new building. The spacious facility is full of natural light and numerous unique learning spaces. The school has at its center a 300-seat performing arts theatre as well as a music room. In addition, the school is directly connected to the incredible Martensville Athletic Pavilion. The original part of Martensville High School received a thorough renovation that included significant upgrades to the Practical and Applied Arts areas. Martensville High School has a population just over 650 students in grades 9 through 12. The school offers a rich spectrum of academic and vocational classes including apprenticeship program credits. Students at MHS can participate in all major SHSAA sports programs and a variety of extracurricular clubs.



# Local Service Groups

## Rocky Ridge Model Railroad Club

Our club is small, but we are an enthusiastic and growing group interested in model railroading. We are especially motivated in sharing our hobby with our local community and other communities across the province. We take our layout to major shows all over Saskatchewan and Alberta. We like meeting and interacting with families and especially enjoy seeing the children's reactions. The kids like to share in the fun as we let them blow the trains horn, run the trains for a moment and otherwise enjoy model railroading as much as we do. Club meetings are held on the first Thursday of each month from September to June. We welcome new members any time. For more info, please call Ron at 306-270-1420.



## Martensville Food Pantry

The Martensville Food Pantry is made up of a group of volunteers who help families and individuals obtain food stability in Martensville and rural area. We also collaborate with the SPCA in distributing pet food.

We are located in the Civic Centre (across from 7-11) and make up hampers every Wednesday for those requests received by Tuesday 8:00pm. Requests can be made every two weeks. There are also shelves and fridges in the hallway that have bread products etc. These are accessible during library hours. We greatly appreciate the Martensville Co-op Grocery and Warman Buy Low Foods for their generous and continuous donations.



We have recently become incorporated and hope to be able to issue tax deductible receipts in the near future. We are hoping to initiate a seniors delivery program in Martensville soon.

For information and/or hamper requests please call /text 306-280-1255 or email [martensvillefoodpantry@gmail.com](mailto:martensvillefoodpantry@gmail.com) or contact Martensville Food Pantry on Messenger.

## Skate Martensville

Skate Martensville's skating season is underway and we are excited to welcome nearly 100 skaters to the ice this year!

Our club is delighted to host the CanSkate Funfest this year on Sunday, January 28th, 2024. Young skaters from across the province will enjoy a day full of skating and fun as they showcase their skating skills in front of evaluators, friends and family. We look forward to cheering on our younger skaters as they show off their skating achievements. They are always a joy to watch!

The StarSkate Invitational Competition will be hosted in Saskatoon this year on February 10th - 11th, 2024. There are also several seminars being offered across the province that our Starskaters are interested in attending. It is nice to see seminars and competitions being offered again and our StarSkaters are looking forward to these events.

We have two Synchro teams that will be traveling to Regina for the Prairie Regional Synchronized Skating Competition on March 9th - 10th, 2024. Our club will be registering one StarSkate Synchro team and one Adult Synchro team. Both teams are very excited for this opportunity and program practice has begun.

Skate Martensville's annual year-end recital is planned for Sunday, March 24th, 2024 at the Martensville Sport's Centre. Watch for official details closer to the event on our Facebook page or checkout our website at [www.skatemartensville.ca](http://www.skatemartensville.ca).



## Sask Valley Riding Club

The Sask Valley Riding Club is made up of members of all ages that enjoy spending time with other horse owners. Through lessons, clinics and other activities, we are given a chance to learn from each other and the various experts we engage throughout the year. Whether you're just looking for some new people to ride with, the opportunity to improve your horsemanship or teach your horse a new skill in a relaxed atmosphere, this club might be right for you. Come on out and let's see what we can learn from each other. For more information email [SaskValleyRidingClub@gmail.com](mailto:SaskValleyRidingClub@gmail.com).





# Local Service Groups

## Martensville Kinettes Club

The Martensville and District Kinettes will be meeting the second Tuesday of every month. We meet at 7:00pm at the Martensville Arena in the Kinsmen Room upstairs.

The Kinettes are a non-profit service club that is new to Martensville (2019). We are here to serve the community's greatest needs. We accept members from any community surrounding Martensville. We not only do work in our community but we concentrate on fellowship and fun. We have social outings and love spending time together. Some of our plans for this year is another Pictures with Santa Clause event, Adopt A Family, a Family Bingo, and of course Telemiracle. We are also going to be hosting a Ladies Night in 2024. That is just a few things we will be working on. Watch our Facebook page for upcoming events and announcements.



If you are interested in seeing what we do, you can email us at [martensvillekinettes@gmail.com](mailto:martensvillekinettes@gmail.com) or message us on Facebook.

## SERVICE GROUP DIRECTORY

PROGRAM	CONTACT	PHONE	E-Mail
574 Dakota Squadron, RCAC	Captain Ashley Wadson	306-222-8628	<a href="mailto:574rcacs@gmail.com">574rcacs@gmail.com</a>
AA	Nathan Yelland	306-221-3190	<a href="mailto:ngy568@yahoo.ca">ngy568@yahoo.ca</a>
Central Volleyball Club (youth)	Kevin Davis		<a href="mailto:cvvc@sasktel.net">cvvc@sasktel.net</a>
Curling Club	Clint Dieno	306-717-7165	<a href="mailto:martensvillecurlingclub@gmail.com">martensvillecurlingclub@gmail.com</a>
Guiding Association	Amanda Pitka		<a href="mailto:martensvilleguiding@gmail.com">martensvilleguiding@gmail.com</a>
Information & Visitor Centre	Kristee Lynn Adrian	306-242-0362	<a href="mailto:martensvilleinfo@sasktel.net">martensvilleinfo@sasktel.net</a>
Kidsport / Jumpstart Funding	Angie Reddekopp	306-683-5577	<a href="mailto:areddekopp@martensville.ca">areddekopp@martensville.ca</a>
Kinette Club	Tracy Shaw	306-280-1833	<a href="mailto:martensvillekinettes@gmail.com">martensvillekinettes@gmail.com</a>
Kinsmen Club	Arnie Deschner		<a href="mailto:martensvillekinsmen@gmail.com">martensvillekinsmen@gmail.com</a>
Knights of Columbus	Keith Schwark	306-221-3612	<a href="mailto:keithschwark@yahoo.ca">keithschwark@yahoo.ca</a>
Library	Marla Skomar	306-956-7311	<a href="mailto:martensville.library@wheatland.sk.ca">martensville.library@wheatland.sk.ca</a>
Lions Club	Geoff Passy	306-371-0807	<a href="mailto:lionsclubofmartensville@gmail.com">lionsclubofmartensville@gmail.com</a>
Mad Dog Flag Football	Devin Hind	306-221-3117	<a href="mailto:devinhind@gmail.com">devinhind@gmail.com</a>
Mad Dog Tackle Football	Som Houmphanh	306-380-2780	<a href="mailto:somhoumphanh@sasktel.net">somhoumphanh@sasktel.net</a>
Martensville Amateur Softball			<a href="mailto:martensvillesoftball@gmail.com">martensvillesoftball@gmail.com</a>
M'ville Basketball Association	Angie Reddekopp	306-683-5577	<a href="mailto:areddekopp@martensville.ca">areddekopp@martensville.ca</a>
M'ville Community Rec. Project	Gerri Sametts	306-280-4941	<a href="mailto:clelan@sasktel.net">clelan@sasktel.net</a>
M'ville Fire Dept. School Liason	Dean Brooman	306-934-5822	<a href="mailto:dbrooman@martensville.ca">dbrooman@martensville.ca</a>
M'ville Fire Dept. Public Relations	Dean Brooman	306-934-5822	<a href="mailto:dbrooman@martensville.ca">dbrooman@martensville.ca</a>
Martensville Food Pantry		306-280-1255	<a href="mailto:martensvillefoodpantry@gmail.com">martensvillefoodpantry@gmail.com</a>
M'ville High School Football	Tyler Munday		<a href="mailto:tyler.munday@spiritsd.ca">tyler.munday@spiritsd.ca</a>
M'ville Youth Connection		306-370-2170	<a href="mailto:myc@possibilitiresrecovery.ca">myc@possibilitiresrecovery.ca</a>
Minor Hockey	Trevor Hanley	306-291-0579	<a href="mailto:hanleytrevor@yahoo.com">hanleytrevor@yahoo.com</a>
Minor Soccer			<a href="mailto:msa.info.sk@gmail.com">msa.info.sk@gmail.com</a>
New Horizons Seniors	Ed Nowakowski	306-370-5365	<a href="mailto:ernowakowski@sasktel.net">ernowakowski@sasktel.net</a>
Pickleball Club	Cheryl Hale	306-931-2716	<a href="mailto:chale@sasktel.net">chale@sasktel.net</a>
Prairie Sky Chamber	Debbie Brown	306-292-7066	<a href="mailto:contact@prairieskychamber.ca">contact@prairieskychamber.ca</a>
Rocky Ridge Model RailRoad Club	Ron Begalke	306-270-1420	<a href="mailto:ron.b2@sasktel.net">ron.b2@sasktel.net</a>
Sask Central Victim Services	Amanda Tittlemore	306-385-2683	<a href="mailto:saskcentral@outlook.com">saskcentral@outlook.com</a>
Sask Five Baseball Association	Brian Hubbard		<a href="mailto:saskfive.president@gmail.com">saskfive.president@gmail.com</a>
Sask Valley Riding Club			<a href="mailto:saskvalleyridingclub@gmail.com">saskvalleyridingclub@gmail.com</a>
Scouting Association	Rita Harrison		<a href="mailto:prairievalleyscouts@gmail.com">prairievalleyscouts@gmail.com</a>
Skate Martensville	Nicole Gryba		<a href="mailto:skatingclub1@gmail.com">skatingclub1@gmail.com</a>
Slo-Pitch Association	Kim Eckes	306-292-9462	<a href="mailto:martensvilleslopitch17@gmail.com">martensvilleslopitch17@gmail.com</a>
Twin City Angels Softball	Heather Chatfield	206-280-8592	<a href="mailto:tcapresident22@gmail.com">tcapresident22@gmail.com</a>
Valley Soccer Association	Katrina Lewis		<a href="mailto:vsainfo@valleysoccer.ca">vsainfo@valleysoccer.ca</a>
Valley United Soccer Club	Jaime Drader		<a href="mailto:vusc.sk.president@gmail.com">vusc.sk.president@gmail.com</a>
<b>Schools</b>			
Busyfingers Preschool	Jaclyn Trach		<a href="mailto:president@busyfingerspreschool.ca">president@busyfingerspreschool.ca</a>
Lutheran Early Learning Preschool	Natashe Merko	306-931-4633	<a href="mailto:Tasha.martensville@lelc.ca">Tasha.martensville@lelc.ca</a>
Puddle Jumpers Preschool	Brandy Mossop	306-270-3203	<a href="mailto:puddlejumper_prek@hotmail.com">puddlejumper_prek@hotmail.com</a>
Valley Manor	Brett Reis	306-931-2233	<a href="mailto:vms@spiritsd.ca">vms@spiritsd.ca</a>
Venture Heights	Ron Biberdorf	306-934-2185	<a href="mailto:vhs@spiritsd.ca">vhs@spiritsd.ca</a>
Lake Vista	Chris Mason	306-683-4300	<a href="mailto:lakevista@spiritsd.ca">lakevista@spiritsd.ca</a>
Holy Mary	Luisa Giocoli Clark	306-659-7870	<a href="mailto:holy.mary@gscs.ca">holy.mary@gscs.ca</a>
High School	Martin Johnson	306-931-2230	<a href="mailto:mhs@spiritsd.ca">mhs@spiritsd.ca</a>

# Martensville Library

A branch of the Wheatland Regional Library



## HOURS OF OPERATION

Monday, Wednesday, Friday	9:30 AM—6:00 PM
Tuesday, Thursday	9:30 AM—8:00 PM
Saturday	9:30 AM—2:00 PM
Sunday	Closed

Martensville Civic Centre (66 Main Street)

306-956-7311

[martensville.library@wheatland.sk.ca](mailto:martensville.library@wheatland.sk.ca)



## Babies up to 1 Year—Register for a 5-Week Session

Books & Babies is a FREE 5-week registered program for caregivers & babies up to 1 year of age. The program focuses on developing early literacy skills through rhymes, stories, songs and provides time after the program to play and socialize.

Registration is required to attend the program with a maximum of 10 spots each session.

Call the library at 306-956-7311 to register.

### SESSION A: (5 Weeks)

Tues, Jan 16 @ 10:30 AM
Tues, Jan 23 @ 10:30 AM
Tues, Jan 30 @ 10:30 AM
Tues, Feb 6 @ 10:30 AM
Tues, Feb 13 @ 10:30 AM

### SESSION B: (5 Weeks)

Tues, Feb 27 @ 10:30 AM
Tues, Mar 5 @ 10:30 AM
Tues, Mar 12 @ 10:30 AM
Tues, Mar 19 @ 10:30 AM
Tues, Mar 26 @ 10:30 AM

### SESSION C: (5 Weeks)

Tues, Apr 9 @ 10:30 AM
Tues, Apr 16 @ 10:30 AM
Tues, Apr 23 @ 10:30 AM
Tues, Apr 30 @ 10:30 AM
Tues, May 7 @ 10:30 AM



Toddler Story Time  
(Ages 0-3)

## Fridays @ 10:30 AM — Drop In Program

(For Ages 1 – 3 & their Caregivers)

Recommended for kids 1 to 3yrs olds and their caregivers. The program focuses on songs and motion to improve fine motor skills, in addition to short books that help young kids learn and grow.

The program will have a maximum limit of 12 kids per program on a first come basis. Drop into the library to pick up your entry ticket before the program.

### JANUARY

Fri, Jan 5—No Program
Fri, Jan 12—No Program
Fri, Jan 19 @ 10:30 AM
Fri, Jan 26 @ 10:30 AM

### FEBRUARY

Fri, Feb 2 @ 10:30 AM
Fri, Feb 9 @ 10:30 AM
Fri, Feb 16 @ 10:30 AM
Fri, Feb 23—No Program

### MARCH

Fri, Mar 1 @ 10:30 AM
Fri, Mar 8 @ 10:30 AM
Fri, Mar 15 @ 10:30 AM
Fri, Mar 22 @ 10:30 AM
Fri, Mar 29—No Program

### APRIL

Fri, Apr 5 @ 10:30 AM
Fri, Apr 12 @ 10:30 AM
Fri, Apr 19 @ 10:30 AM
Fri, Apr 26 @ 10:30 AM



Pre-School Story Time  
(Best suited for Ages 3-5)

## Thursdays @ 10:30 AM — Drop In Program

Join us for stories and songs and at our Pre-School Story Time. The program features stories, songs and a craft. The program is best suited to ages 3 to 5, with their caregivers, as there are more stories but all ages are welcome to attend.

### JANUARY

Thurs, Jan 4—No Program
Thurs, Jan 11—No Program
Thurs, Jan 18 @ 10:30 AM
Thurs, Jan 25 @ 10:30 AM

### FEBRUARY

Thurs, Feb 1 @ 10:30 AM
Thurs, Feb 8 @ 10:30 AM
Thurs, Feb 15 @ 10:30 AM
Thurs, Feb 22—No Program
Thurs, Feb 29 @ 10:30 AM

### MARCH

Thurs, Mar 7 @ 10:30 AM
Thurs, Mar 14 @ 10:30 AM
Thurs, Mar 21 @ 10:30 AM
Thurs, Mar 28 @ 10:30 AM

### APRIL

Thurs, Apr 4—No Program
Thurs, Apr 11 @ 10:30 AM
Thurs, Apr 18 @ 10:30 AM
Thurs, Apr 25 @ 10:30 AM



Free drop-in program for families

Connect with your child through play and participate in fun activities to help prepare for school.

The program is designed for ages 1-6, but all ages and abilities welcome.

**Wednesday, January 31**

10:00 - 11:30 AM

**Wednesday, March 27**

10:00 - 11:30 AM

**Wednesday, April 24**

10:00 - 11:30 AM

Martensville  
Library



Need a little extra practice reading? Why not book a time with a librarian to read stories together. Target age for this program is kids in Grades 1—5.

20 minute reading times available on most Monday & Wednesday from 3:30—5:00 PM.

Call the library to book dates & times.

**REGISTER FOR PROGRAMS BY  
CALLING 306-956-7311**



## Play Money

For kids ages 3 to 5 and their caregivers

Play Money is a free 4-week family learning program for preschoolers and their caregivers. Whether new at family money management, or more advanced, this fun and creative program helps all members of the family. Not only does the program touch on family money management, but there's the bonus of numeracy, and early learning skills development for the child through fun rhymes, storytelling, and activities. A **take-home book and snacks** will be provided. **No cost** to participants.



**Monday Mornings in March—March 4, 11, 18 & 25**  
**@ 9:30 AM—11:30 AM**

Call the Martensville Library at 306-956-7311 to register.



**Bring your craft project and socialize with other adults that enjoy crafting.**

The library will provide a small craft activity to try and the rest of the time is for working on your own projects. **(ADULTS ONLY)**

Wednesday, Jan 10 @ 1:30 PM  
Wednesday, Feb 7 @ 1:30 PM  
Wednesday, Mar 6 @ 1:30 PM  
Wednesday, Apr 3 @ 1:30 PM

## School Holiday Fun

Drop by the library during February Break and Easter Break for some fun activities.

**February School Break—Feb 20 to 24**

**Easter School Break—Mar 30 to Apr 6**



## WEEKLY IN-LIBRARY ACTIVITIES



The library has a Friday Afternoon Book Club that is looking for a few new members. The group meets the third Friday of the month at 1:00 PM in the library program room. Contact the library for more information.



**Join the Wheatland Facebook group to read and discuss books together!**

The books and discussion questions for each will be posted in the Wheatland Virtual Book Club Facebook group. <https://www.facebook.com/groups/wheatlandvirtualbookclub>



**BOOK CLUB IN A BAG**—Make your own book club with friends. Wheatland has kits with 8 books that you can borrow for your club. Contact the library for more information.





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# Calendar of Events

## December

- 1 Marten the Elf Shows Up
- 1-3 Lakeview Insurance Senior Bon Spiel
- 2 Babysitting Course
- 3 Staying Home Alone
- 7 Toddler Time Frenzy
- 10 Play & Skate with Santa
- 11 Twinkle Tours Start  
Winter Registration Opens
- 16 Christmas Cupcakes
- 24 MAP Open 8am-3pm
- 25 City Facilities Closed
- 26 City Facilities Closed
- 31 MAP Open 8am-6pm

## January

- 1 City Facilities Closed  
Maddogs Spring Football Registration Begins
- 2 Senior's Globe Walk Begins
- 4 Toddler Time Frenzy
- 5 Art Hive Drop in Program
- 7 Therapeutic Art Workshop - Collage
- 8 Yoga Nidra Begins  
MAP Equipment Orientation  
Ball Hockey Begins  
Drop in Basketball Resumes
- 9 Parent & Tot Skating Resumes  
Aqua Fitness Scalable Begins  
Aqua Intense Begins  
Gentle Yoga Begins  
Yin Yang Yoga Begins  
Forever in Motion Begins  
Kids in the Kitchen Begins  
Youth Gymnastics Begins  
Youth Volleyball Begins  
Pickleball Resumes
- 10 Sportball Begins  
City Circuit Begins  
Line Dance Begins  
Wood Carving Begins  
Toddler Gymnastics Begins  
Drop in Floor Hockey Resumes  
Morning Gentle Yoga Begins  
Gentle Yoga Begins
- 11 MAP Equipment Orientation  
Zumba Begins  
Learn To Skate Begins
- 12 North Prairie Development/CanWest Family  
Open Gym Night Resumes
- 13 Martensville Pickleball Tournament
- 21 Art Classes Begin  
Therapeutic Art Workshop - Mask Making
- 26-28 Sask Curling Tour Mixed U20 Mixed Doubles
- 28 CanSkate FunFest

## February

- 1 Toddler Time Frenzy  
Adult Learn to Skate Begins
- 2 Art Hive Drop in Program
- 2-4 Martensville Annual Ladies Bonspiel
- 4 Therapeutic Art Workshop - Yoga Nidra & Art
- 10 First Aid CPR / CPR Recert
- 15 Martensville Slo-Pitch AGM
- 19 Lakeview Insurance Brokers Winter FunFest
- 25 Therapeutic Art Workshop - Altered Books

## March

- 1 MCRP Party on the Pond  
Art Hive Drop in Program
- 2 Babysitting Course
- 3 Therapeutic Art Workshop - Dreams & Art  
Staying Home Alone
- 7 Toddler Time Frenzy
- 10 NPD/CanWest Glow Skate
- 14-17 Senior Ladies Provincials
- 23 Annual Curling Open Fun Spiel
- 24 Skate Martensville Carnival  
Therapeutic Art Workshop - Eco Art
- 29 NPD/CanWest Easter Geocache Begins
- 31 Saskatchewan Lottery Community  
Grant Program Deadline

## April

- 4 Toddler Time Frenzy
- 5 Art Hive Drop in Program
- 7 NPD/CanWest Easter Egg Geocaching Ends
- 17 NPD/CanWest Community Information &  
Volunteer Appreciation Night
- 21 MCRP NHL Playoff Draft

## May

- 3 Art Hive Drop in Program
- 4 NPD/CANWEST Amazing Race
- 24 & 25 NPD/CanWest Monster Garage Sale
- 31 Buster Days Begins

## June

- 1-2 Buster Days
- 2 MCRP Street Hockey Fun Day

**Registration Opens  
Monday, December  
11th at 9:00am**







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