

2023 FALL PROGRAM GUIDE



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BUILDING DREAMS TOGETHER

Lace 'EM UP

Charitable Registration No. 824108799 RR0001



The future community recreation centre will include the main ice, leisure ice, full sized indoor soccer field, lounge and much more!

Martensville is Building Dreams Together.

Help us **LACE UP** the fundraising on our new community recreation centre today! Be part of a lasting legacy by investing in the growth of the community you love.

Donate to
the MCRP!





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Monday-Friday: 9-7

Saturday: 9-5

Sunday Closed

Registration Information

Program information including dates, times, locations, and ages are included in this guide. There are three ways to register; on-line, by telephone, and in person. We accept, cash, cheque, debit, and credit card.

How to Register

On-line registration can be found on our website at www.martensville.ca, look for the 'Program Registrations' button. In person and phone registration will take place at the Martensville Athletic Pavilion, however we are closed August 8th-20th for maintenance. During this time we will only accept phone and on-line registration. We are located at 200 Mike Sands Boulevard and our number is 306-683-5576. Hours of operation are Monday-Friday 7:00am - 10:00pm and Saturday and Sunday 8:00am - 9:00pm. Hours of operation for July and August are Monday-Friday 7:00am-10:00pm and Saturday and Sunday 9:00am-6:00pm. **All registration fees must be paid in full when registering.** We accept cash, cheque, debit, and credit card.



For more information or if there is a program that is not listed that you would like to see offered, please call 306-683-5577 or e-mail areddekopp@martensville.ca.

REASONABLE CARE IS TAKEN TO ENSURE THAT THE INFORMATION AND LISTINGS IN THE LEISURE GUIDE ARE UP TO DATE AND AS ACCURATE AS POSSIBLE AT THE TIME OF PUBLICATION. PLEASE NOTE THAT SOME OF THE PROGRAMS OPERATING DAYS, TIMES, AND LOCATIONS MAY CHANGE DEPENDING ON REGISTRATION NUMBERS.

Refund Policy

- A refund request that is received ten (10) days prior to the start of course will receive a 100% refund. No reason shall be required.
- A refund request received within 10 days of the course starting or once the course has commenced, and no more than 20% of the course is complete will receive a 50% refund.
- After 20% of any course has been completed no refund shall be issued.
- 100% refund will be issued if the program is cancelled by the Recreation & Community Services Department.
- A pro-rated refund will be issued under the following circumstances;
 - Medical reasons, a medical certificate will be required.
 - Program class cancellations, where classes cannot be made up.

Registration Opens Monday, August 14th at 9:00am



Photo by Denise Nesbitt

Funding Opportunities

For more information on the programs listed below, please call 306-683-5577 or e-mail areddekopp@martensville.ca.

KidSport™ Martensville

What is it?

KidSport is a children's charity dedicated to assisting children ages 5-18. Families facing financial obstacles will be provided with the opportunity to participate in community sport programs. The primary goal of KidSport should be for ALL kids to play and have fun!



How Does the Program Work?

Individual grants of up to \$750 are available per calendar year for children or youth up to the age of 18. Application forms for KidSport are available at the MAP.

How Can YOU Help?

Support KidSport through purchasing raffle tickets, attending events, purchasing cut outs or simply by making a donation. Tax receipts are provided for any donation over \$25.00. 100% of donations and fundraising proceeds support children right here in Martensville.

Jumpstart

Help kids learn new skills, build confidence, and boost their self-esteem. Every dollar of your donation helps kids get into the game. Jumpstart is a community based charitable organization that helps kids in need participate in organized recreational activities. This program will also help to fund equipment costs. The jumpstart application is on-line at <https://jumpstart.canadiantire.ca/pages/individual-child-grants>.



Intercommunity Development Group

The Intercommunity Development Group consists of members from Martensville, Warman, Osler, Dalmeny, and Langham. The primary focus is to raise funds for children who wish to participate in arts, culture, drama, or recreation not covered by KidSport or Jumpstart.

Sask. Lotteries Community Grant

The purpose of the Sask. Lotteries Community Grant program is to provide funds to local, non-profit and volunteer-based organizations whose sole purpose is to provide programs and services in the sport, culture, or recreation sector. The project or event must take place between April 1st and Mar. 31st of the following year. Applications are accepted in February each year.



Recreation Membership & Program Accessibility

This program will offer a discounted rate on yearly recreation facility memberships at the MAP and city operated leisure programs for families and individuals whose income is below a certain level.

The discounted membership will be 50% off the original price of a yearly membership at the Martensville Athletic Pavilion. The discounted leisure program registration will be 80% off the original price of the city offered leisure program, up to a maximum of \$200 per family member per year.

Families or individuals looking to apply for this program must complete the application form and provide all required documents. All information on the forms provided by the participants will be strictly confidential. Applications are available at City Hall and the MAP. This program is only for City of Martensville residents.

Want to Advertise Your Business in the City of Martensville Program Guide?



The City of Martensville Program Guide is delivered to all households in the community four times a year; Spring, Summer, Fall and Winter and is available to view online through the City of Martensville and Martensville Messenger websites, giving your businesses even more exposure.

Contact the Martensville Messenger for information on advertising rates and sizes.

Call: (306) 668-1093

E-mail: advertising@martensvillemessenger.ca

Toddler Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Christmas Cupcakes	3+	Sat. 1:00pm - 2:00pm	Dec. 16	1	\$20	Heritage Centre	Glenda
Halloween Cupcakes	3+	Sat. 1:00pm - 2:00pm	Oct. 28	1	\$20	Heritage Centre	Glenda
Gymnastics - Curious Caterpillars	0-2	Wed. 9:00am - 9:45am	Sept. 27 - Nov. 29	10	\$150	MAP	Rhea
	2 & 3	Wed. 10:00am - 10:45am					
Gymnastics - Courageous Cocoons	3 & 4	Wed. 11:00am - 12:00pm			\$160		
Learn to Skate	3-5	Thurs. 11:00am - 11:45am	Sept. 28 - Nov. 30	10	\$85	Sports Centre	Angela
		Thurs. 1:15pm - 2:00pm					
		Thurs. 2:00pm - 2:45pm					
Parent & Tot Skate	1-5	Tues. 10:00am - 10:45am	Sept. 5 - Dec. 19	16	FREE	Sports Centre	No Instructor
Rhythmic Gymnastics	3 & 4	Thurs. 5:30pm - 6:15pm	Sept. 28 - Nov. 30 Jan. 11 - Mar. 21 (No class Feb. 22)	20	\$225	Valley Manor	Bailey
Sportball Multisport for Toddlers	2-3.5	Wed. 5:15pm - 6:00pm	Sept. 27 - Nov. 29	10	\$160	Valley Manor	TBD
Sportball Multisport for Pre-School	3.5-5	Wed. 6:00pm - 7:00pm			\$170		
Toddler Time	0-5	Mon. - Fri. 9:00am - 12:00pm	Year Round		\$3.25/ toddler	MAP	No Instructor
Toddler Time Frenzy	0-5	Thurs. 9:00am - 12:00pm	Nov. 2, Dec. 7, Jan. 4, Feb. 1, Mar. 7, Apr. 4		\$5.00/ toddler	MAP	No Instructor


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 **warmanhearingclinic.ca**

Toddler Programs

Cupcake Decorating Workshops

Make fun decorated cupcakes and take them home to share! Yum! A decorating class just for kids! All supplies are included. Sign up early because space is limited! Ages 8 and under must be accompanied by an adult to help aid them with the decorating.

Gymnastics – Curious Caterpillars

This parent and tot class oozes with fun, and fundamental movements! We learn different locomotions, balances, and rotations. We also learn safe landings and safe ways to fall. We incorporate songs and games into our lessons and encourage parent participation, which the littles quite enjoy. Truly a wonderful activity to bond with your child! This class uses the CanGym program from GymSask.

Gymnastics - Courageous Cocoons

This fun filled artistic gymnastics class combines specifically designed games and lessons to encourage kiddos to explore artistic movement. We focus on CanGym's fundamental movement patterns including landings, rotations, springs, statics, and locomotions. Our focus is fun, fitness and fundamentals! This class uses the CanGym program from GymSask.

Learn to Skate

Teaching basic skating skills through games, circuits, and creative expression. Angela is an enthusiastic instructor that will get your child up and gliding across that ice in no time! Helmets with protective face masks are mandatory.

Parent & Tot Skate

An opportunity for you to come out and teach your toddler to skate. There is no charge, just come out and have some fun with your little one.

Rhythmic Gymnastics

Rhythmic Gymnastics is a combination of gymnastics and dance movements using hand apparatuses such as balls, ribbons, streamers, and hoops. Gymnasts develop coordination, balance, rhythm, and teamwork in a fun and creative environment.

Sportball Multisport for Toddlers

This program focuses on physical movement and social exploration through an introduction of a different sport each class using developmentally appropriate games and activities. This is a ONE-PARENT-TO-ONE-CHILD class. Each child attends this program with ONE parent or guardian. This is an indoor/outdoor class and parents will be invited to stay and watch if the weather conditions are favourable for an outdoor class. Check out their website for more information on this amazing program. www.sportball.ca.

Sportball Multisport for Pre-schoolers

This coach and child drop off program provides children with an opportunity for independent learning and autonomy among other social and developmental benefits. Our trained and certified coaches introduce pre-school and elementary children to the fundamental skills behind 9 popular sports. THIS IS A DROP-OFF PROGRAM. Children have a blast developing their independence and confidence by attending "all by themselves." This is an indoor/outdoor class and parents will be invited to stay and watch if the weather conditions are favourable for an outdoor class. Check out their website for more information on this amazing program. www.sportball.ca.

Toddler Time

Need to get your toddler out of the house for a while? Toddler time is an open gym time with a variety of equipment and play apparatuses. At this program, parents/caregivers share with their children the importance of play in a fun and interactive setting. Indoor footwear or socks are required, and all food must be consumed in the lobby area.

Toddler Time Frenzy

This event was a hit last year, so we are going to bring it back!! Shake off those cold weather blues and bring your little ones to our Toddler Time Frenzy at the MAP!! We will have our Toddler Time toys, a Bouncy Castle, and some extra fun activities for the kids. We will also have coffee and treats for all the caregivers. Cost is \$5/child and will be held at the MAP on the first Thursday of the month from November - April.

**Registration Opens
Monday, August 14th
at 9:00am**

Terry Jenson, MLA Martensville-Warman Constituency

Office Address

3D - 520 Central St. W, Warman

Mailing Address

Box 2270, Warman, SK, S0K 4S0

office@terryjenson.ca

306-242-2111



Youth Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Art Classes - Beginner	6+	Sun. 2:00pm - 2:50pm	Oct. 15 - Dec. 3	8	\$100	Heritage Centre	Tracy
Art Classes - Painting	8+	Sun. 3:00pm - 3:50pm			\$125		
Babysitting Course	11+	Sat. 9:00am - 4:00pm	Sept. 9 or Dec. 2	1	\$80	MAP	Lisa
Ball Hockey	5-7	Mon. 6:00pm - 6:45pm	Sept. 18 - Dec. 4 (No classes Oct. 9, Nov. 13)	10	\$100	Valley Manor	Jack
	8-10	Mon. 6:45pm - 7:30pm					
Basketball Mini Dunkers	K - Gr.2	Wed 6:00pm - 7:00pm	Oct. 18 - Mar. 6 (No classes Dec. 20, 27, Jan. 3, 31, Feb. 21)	16	\$140	Lake Vista/ Holy Mary	Volunteer coaches
SMBA Basketball Spuds, Minis, Bantam, Junior, Senior	Gr. 3 & 4	Practices during the week, games on Saturdays	Oct. - Mar.	30 plus playoffs	\$150	Practices in M'ville Games in Saskatoon	Volunteer coaches
	Gr. 5 & 6				\$190		
	Gr. 7 & 8				\$200		
	Gr. 9 & 10				\$240		
	Gr. 11 & 12				\$280		
* Register for SMBA basketball on-line at https://leagues.teamlinkt.com/smba Registration closes Sept. 15th*							
Christmas Cupcakes	3+	Sat. 1:00pm - 2:00pm	Dec. 16	1	\$20	Heritage Centre	Glenda
Family Night Out (Drop-In)	3+	Mon. 6:00pm - 8:00pm	Sept. 25 - Nov. 27 (No program Oct. 9, Nov. 13)	8	\$8/ family \$3.25/ person	Holy Mary Large Gym	Brad
Gymnastics – Marvelous Monarchs	5	Tues. 4:15pm - 5:15pm	Sept. 26 - Nov. 28	10	\$175	MAP	Rhea
	6	Tues. 5:30pm - 6:30pm					
	7 & 8	Tues. 6:45pm - 7:45pm					
	9-12	Tues. 8:00pm - 9:00pm					
Halloween Cupcakes	3+	Sat. 1:00pm - 2:00pm	Oct. 28	1	\$20	Heritage Centre	Glenda
Karate	5-6	Mon. or Thurs. 5:30pm - 6:15pm	Sept. 11 - Dec. 11 (no classes Oct. 9, Nov. 13) Jan. 9 - Apr. 18 (no classes Feb. 19, 22, Mar. 11, Apr. 1, 4)	25 weeks	\$250	Venture Heights	Bryce
	7-16	Mon. & Thurs. 6:15pm - 7:15pm			\$540		
Kids in the Kitchen	9-12	Tues. 6:00pm - 8:00pm	Sept. 12 - Oct. 17	6	\$125	TBD	Glenda

Youth Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Rhythmic Gymnastics	5	Thurs. 6:15pm - 7:00pm	Sept. 28 - Nov. 30 Jan. 11 - Mar. 21 (No class Feb. 22)	20	\$260	Valley Manor	Bailey
	6-7	Thurs. 7:00pm - 7:45pm					
	8+	Thurs. 7:45pm - 8:45pm					
Sportball Multisport for Big Kids	5-7	Wed. 7:00pm - 8:00pm	Sept. 27 - Nov. 29	10	\$170	Valley Manor	TBD
Staying Home Alone	10+	Sun. 1:00pm - 5:00pm	Sept. 10 or Dec. 3	1	\$50	MAP	Lisa
Wood Carving	10+	Wed. 7:30pm - 9:30pm	Sept. 20 - Nov. 29	10	\$125	North Ridge	Paul

Art Classes - Beginner

This class will be an exploration of art and an introduction to different mediums. Each child will learn techniques with pencil, charcoal, pastels, and acrylic paint. We will spend two weeks on each art form and complete a piece of art in each medium to take home. Students can pick from pictures provided to create their masterpieces! Each student will receive individual help to advance their abilities as they work on their artwork. Join us for some fun!

Art Classes – Painting

Once you've mastered the art basics in my Beginner Art Class, you can move into the Painting Class. This class will explore both water color and acrylic painting techniques. We will spend 4 weeks working in watercolor, creating several projects and 4 weeks working in acrylic paint, on both paint paper and canvas. Students can work from pictures or objects they bring from home or choose from a selection in class.

Babysitting Course

This babysitting training course is packed with everything you need to know to become a babysitter! Students will learn how to not only keep children safe, but also how to keep themselves safe before, during and after babysitting. In this course, students will go through many activities, work together as a team, and participate in discussions! Some important topics include basic first aid, technology, behavioural management, having fun, emotional regulation, baby and toddler training, and much more! Please bring a lunch, a teddy bear and a notebook! Students will all receive a certificate and a workbook that is filled with useful information!

Ball Hockey

The sport of ball hockey is a sport anyone can enjoy. Regardless, if you are a high-level ice hockey player or have never strapped on the blades, this sport is for you. During this program your children will learn passing, shooting, stick handling, and teamwork through drills, activities, and games. A Game for Everyone!

Basketball – Mini Dunkers

We are very excited to continue working alongside Warman to offer an exciting basketball program for our young kids. During this program players will develop a love for basketball, skill development, and lifelong friendships in a fun and recreational way. Grades K - 2 will practice in Martensville and play games in Martensville or Warman.

SMBA Basketball

The Saskatoon Minor Basketball Association offers a development program for all ages. You can register for the 2023-2024 Fall/Winter League at <https://leagues.teamlinkt.com/smba>. Registration will be on-line only and closes September 2nd with an option for late registrations until September 15th. The league will run from mid-October to mid-March with a break over Christmas. Teams will practice in Martensville but will play games in Saskatoon on Saturdays. If you are interested in coaching you will also have to register on-line. Please e-mail reddekopp@martensville.ca if you are interested in coaching or have questions regarding the program.

- **Spuds (Grade 3 & 4)** - The spuds season runs from mid-October to mid-February. The coaches referee the games, and the kids play 4 on 4. There are no play-offs for Spuds, so the season wraps up in February.

- **Minis (Grade 5 & 6)** - The season runs from mid-October to Mid/End of February which is followed by playoffs in March. All teams make the playoffs and referees are provided for all games

- **Bantam (Grade 7 & 8)** - The season runs from mid-October to Mid/End of February which is followed by playoffs in March. All games are full court and referees are provided.

- **Junior (Grade 9 & 10)** - The season runs from mid-December to Mid March followed by playoffs. All teams make the playoffs. All games are full court and referees are provided.

- **Senior (Grade 11 & 12)** - The season runs from Mid December to Mid March which is followed by playoffs in March. All teams make the playoffs. All games are full court and referees are provided.

- **Next Level Development League for Mini (Gr. 5 & 6) & Bantam (Gr. 7 & 8)** - A more competitive league that gives athletes a chance to compete against their peers of the same skill level. The players will be independently evaluated for this program. The evaluation sessions will be September 9 & 10 and September 16 & 17. The league will be drafted based on skill level, regardless of home location in the city. Teams will practice two times per week, and play once per week

Youth Programs

Cupcake Decorating Workshops

Make fun decorated cupcakes and take them home to share! Yum! A decorating class just for kids! All supplies are included. Sign up early because space is limited! Ages 8 and under must be accompanied by an adult to help aid them with the decorating.

Family Night Out

A great place to come to burn off some energy with the kids. Choose from a variety of sports including basketball, badminton, pickleball, dodgeball, soccer etc. It is an open gym setting just come and choose what you would like to do. A great way to spend some active time with your family. Cash only.

Gymnastics - Marvelous Monarchs

This artistic gymnastics class is designed for all abilities! Whether you want to enhance the skills you are learning or you are completely new to gymnastics; we want to see you! We practice floor skills such as various rolls, cartwheels, handstands, and variations of each. We also teach leaps, turns, jumps, and combine them all in a choreographed routine. This class follows the CanGym program from GymSask.

Karate

Karate focuses on self-defence, life skills and physical fitness with emphasis on development of one's character. Kids will learn new techniques, play games, and work on improving capabilities, while the instructor ensures that training sessions are effective, as well as fun. The Martensville Karate Club is a member of the Saskatchewan Karate Association. This allows our students to compete at Provincial tournaments, and if they qualify, move on to the National and International levels. It will also allow the students to take part in seminars and training sessions with instructors from around the world.



**Registration Opens
Monday, August 14th
at 9:00am**

Kids in the Kitchen

Kids in the Kitchen will provide a hands-on experience for kids ages 9-12. They will learn food preparation, cooking terms, table manners and clean up! Students will prepare simple and nutritious foods like breakfast burritos, crepes, mac & cheese, and cookies that they will then be able to prepare at home. You could be the next Food Network Star like Jamie Oliver, Anne Burrell, or Guy Fieri!

Rhythmic Gymnastics

Rhythmic Gymnastics is a combination of gymnastics and dance movements using hand apparatuses such as balls, ribbons, streamers, and hoops. Gymnasts develop coordination, balance, rhythm, and teamwork in a fun and creative environment.

Sportball Multisport for Big Kids

School children are introduced to the concepts and skills involved in 9 popular sports. Developmentally appropriate methods are used to reinforce the benefits of teamwork and skills development rather than the importance of winning. THIS IS A DROP-OFF PROGRAM. This is an indoor/outdoor class and parents will be invited to stay and watch if the weather conditions are favourable for an outdoor class. Check out their website for more information on this amazing program www.sportball.ca.



Staying Home Alone

This interactive 4 hour course prepares your child to feel more confident staying at home alone. We will cover all safety measures, how to respond to emergencies, appropriate tasks to do at home alone, as well as basic first aid. This course is designed to help your child feel confident and safe while being home alone.

Wood Carving

Come join us for a night of wood carving. Beginner projects may include items such as a polar bear, mouse, hound dog, etc. Intermediate and advanced will focus on a stylized penguin. We have a limit of 10 people so be sure to register early.



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Adult Programs

Program	Age	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Basketball (Drop-In)	16+	Mon. 8:00pm - 10:00pm	Sept. 25 - Nov. 27 (No program Oct. 9, Nov. 13)	8	\$3.25/ drop In	Holy Mary Large Gym	No Instructor
First Aid & CPR	14+	Sat. 9:00am - 5:00pm	Oct. 21	1	\$150	Heritage Centre	Bruce
First Aid & CPR Recertification					\$110		
Floor Hockey (Drop-In)	16+	Wed. 8:00pm - 10:00pm	Sept. 13 - Nov. 29	12	\$3.25/ drop in	Holy Mary Large Gym	No Instructor
Learn to Play Pickleball Workshop	16+	Thurs. 1:00pm - 2:00pm	Sept. 14 - Oct. 19	6	\$50	MAP	Margie
		Thurs. 6:30pm - 7:30pm					
Line Dance – Ultra Beginner	16+	Wed. 10:00am - 11:30am	Sept. 13 – Nov. 22 (No class Nov. 8)	10	\$85	MAP	Karen
Line Dance – Beginner		Wed. 12:00pm - 1:30pm					
Line Dance - Improver		Wed. 2:30pm - 4:00pm					
Line Dance – Intermediate		Wed. 4:30pm - 6:00pm					
Pickleball (Drop-In)	16+	Tues. & Thurs 7:30pm - 9:00pm	Sept. 12 - Nov. 30 (No program Sept. 14, Nov. 23)	22	\$3.25/ drop in	Holy Mary Large Gym	No Instructor
Pickleball (Outdoors)	14+	Tues. & Thurs. 10:00am - 3:00pm	May - Oct.		Free	Outdoor Rink	No Instructor
Seniors Walking & Pickleball	55+	Mon - Wed - Fri 1:00pm - 4:00pm	Year Round		\$3.25/ drop in	MAP	No Instructor
Volleyball - Rec. Spiking	16+	Mon. 6:00pm - 10:00pm	Oct. 16 - April. 1 (No games Dec. 25, Jan. 1, Feb. 19)	20	\$660	MAP	No Instructor
Volleyball - Competitive Spiking	16+	Tues. 6:00pm - 10:00pm	Oct. 17 - Mar. 26 (No Games Dec. 26, Jan. 2)	20	\$660	MAP	No Instructor
Wood Carving	10+	Wed. 7:30pm - 9:30pm	Sept. 20 - Nov. 29	10	\$125	North Ridge	Paul

**Registration
Opens Monday,
August 14th at
9:00am**

Adult Programs

Basketball

A night out with friends, this recreational drop-in program will allow games that reflect a recreational league-style play or just an opportunity to shoot around

First Aid & CPR

Blended learning is a combination of in-class, face-to-face instruction with online instruction. Typically, theory and information are conveyed to participants outside of the classroom through an online component. This allows for the in-class component to concentrate on skill development and the application of theory.

Floor Hockey

A night out with friends, this recreational drop-in program will allow games that reflect a recreational league-style play. For more information contact Randy at psdjs@telus.net or 306-386-7701.

Learn to Play Pickleball

Here is your chance to learn how to play this very popular sport!! Pickleball is a sport that combines elements of tennis, badminton, and table tennis. Pickleball can be played as doubles or singles. In this workshop you will learn basic rules and techniques. Equipment will be provided.

Pickleball

Come try out this exciting sport! Pickleball is a sport that combines elements of tennis, badminton, and table tennis. Pickleball can be played as doubles or singles. The games we play on Tuesday nights reflect a recreational style of play. We have some paddles and balls available if people just want to try it out. Hope to see you out!

Pickleball Outdoors

Outdoor Pickleball nets will be set up at the Outdoor Rink for people to play from May until September (weather pending). Pickleball combines elements of tennis, badminton, and table tennis. Paddles and balls are available for people to play and there is no cost. Head on out and try this exciting sport.

Seniors Walking and Pickleball (55+)

We are excited to be continuing our Seniors Programming at the MAP. Come for some fitness, socializing, games, laughs, and good times. Use our fitness center, play pickleball, badminton, or walk. There is something for everyone.

Line Dancing

Line Dancing is a fun social activity, promoting exercise, helping to develop and/or maintain posture, balance, coordination, and memory. A line dance is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows. There are no partners and anyone of any age and gender can line dance. In the class, all participants will face the same direction, and execute the pattern of steps at the same time. Music of all genres – classic, country, pop, Latin, modern....; rhythms – waltz, two-step, polka, jive, Charleston, foxtrot, cha cha, rumba, swing, street dance, rap...



Ultra Beginner: No Previous Experience Required. Steps generally taught: walking forward and back, grapevine, step together, jazz box, jazz box ¼ turn right, heel dig, heel splits, toe touch, toe fan, rocking steps, rocking chair, stomp, shuffle forward, vine right and left, ¼ turn right and left, triple step, scuff, brush, hip bumps... (16, 24, 32)

Beginner levels: Previous dance experience and knowledge required (completed ultra beginner). Simple dance style turns and rhythms. Steps generally taught: hook, heel splits, Mambo forward – back – side, weave, toe struts, Pivot turns, ¼ turn, jazz box ¼ turn left, coaster step, Lock step shuffle forward, Lock step shuffle back, kick ball change, Lindy, skate, scissor step, Sailor step, ¼ turn Sailor step, ¼ Monterey, Rolling Vine, Turning Shuffle, Restarts. (16, 24, 32, 40)

Improver: Previous line dance experience and knowledge is required (completed beginner levels). Steps and dance patterns, turns and foot work are complex, with complex dance style and rhythm. Steps generally taught: traveling steps, Diagonal position, Diamond turn, ½ Monterey, ½ turn sailor, turning right and left in combination, vaudeville steps, samba steps, ¾ turn, ¾ on spot turn..... Tags and/or restarts in music. (32, 40, 48, 64)

Intermediate: This is the most popular level of social line dance and this classification will feature dance routines suitable for experienced dancers. Basically dancers who have completed beginner and improver dance and mastered a comprehensive range of step patterns, body position/movements and dance rhythms. An intermediate routine is likely to feature interesting step combinations, pauses, syncopations, body movements, timing variations and styling. (i.e. Heel Jack, Apple Jacks, Vaudeville Step, Dorothy Step, Mashed Potato, Full turn +, Hesitation, Pencil or Spiral Turns, Mule kicks....). Tags, phrase and restarts in music. ...(32, 40, 48, 64, 80, 96, 102...)

Volleyball Leagues

Martensville Volleyball Leagues are back for another year. Register your team online, over the phone, or in person at the MAP for another great season! Our league is self-officiated, with 45 minutes games. The Competitive Spiking and Recreational Spiking Leagues will have 2 weeks of playoffs after a 20-week season. Times are tentative and will be determined once registration has been finalized and schedules have been made.

Wood Carving

Come join us for a night of wood carving. Beginner projects may include items such as a polar bear, mouse, hound dog, etc. Intermediate and advanced will focus on a stylized penguin. We have a limit of 10 people so be sure to register early.



Fitness Classes

Regular fitness activity will improve your overall health and well-being. Do it for life and feel great! Choose from a wide variety of classes; there is something for everyone!! Classes will be held at the Martensville Athletic Pavilion, Heritage Centre, Canalta Hotel, and Martensville High School. Drop-In Fitness Cards are available for \$150, which gives you 12 classes of your choice!!

Program	Day & Time	Start & Ends	# of Classes	Cost	Location	Instructor
Aqua Scale-able	Tues. 6:30pm - 7:30pm	Sept. 12 - Nov. 28	12	\$125	Canalta	Elsa
Aqua Intense	Thurs. 7:30pm - 8:30pm	Sept. 14 - Nov. 30				
City Circuit	Wed. 6:00pm - 7:00pm	Sept. 13 - Nov. 29	12	\$125	MAP	Jamie
Gentle Yoga	Tues. 6:00pm - 7:00pm	Sept. 12 - Nov. 28	12	\$125	Heritage Centre	Charlotte
Staying on Your Feet	Thurs. 1:30pm-2:30pm	Sept. 21 - Nov. 30	11	FREE	MAP	SHA
Yin Yang Yoga	Tues. 7:15pm - 8:15pm	Sept. 12 - Nov. 28	12	\$125	Heritage Centre	Charlotte
Zumba	Thurs. 7:00pm - 8:00pm	Sept. 14 - Nov.30	12	\$125	MAP	Anita

Aqua Scale-able

This class can help you build upon what you already know from other Aqua Fitness classes. Many options to make this the perfect work out for you! Choose your intensity and work at you own speed while still maintaining a challenging cardio workout designed to improve your strength, flexibility, and coordination. NO swimming experience is necessary.

Aqua Intense

Are you ready to work? Our Aqua Intense class is designed for those looking for a serious cardiovascular and strength workout in the water. We will challenge your balance and help you achieve the fitness goals you desire. NO swimming experience is necessary although comfort in the water is important.

City Circut

This class will utilize the exercise equipment at the MAP and the walking track. It will be a full-body workout in a circuit format. It will be an awesome way to enhance mental focus, cardio, strength, agility, and coordination. No equipment required just bring indoor shoes and a water bottle.

Gentle Yoga

Practice the form of the basic yoga postures, while allowing yourself to experience a gentle slower paced class. Attention to connecting breath mindfully to move through the postures and creating a balance for greater health and mental awareness. Mats and props are available if needed.

Staying on Your Feet

Staying on Your Feet is an Exercise and Education Program provided by a physical therapist and a health educator through the Saskatchewan Health Authority, Community Services, and, Forever...in motion with the Community Older Adult team.

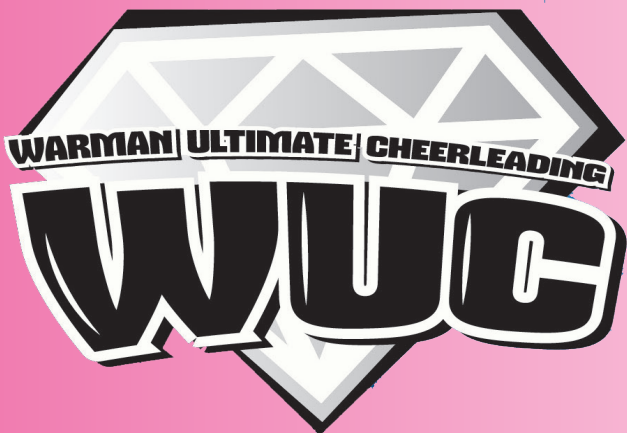
This class includes ½ hour of fall risk/balance education and ½ hour of exercise once per week. Participants must pre-register for this 11 week program which will start Thursday September 21st thru November 30th from 1:30 – 2:30pm – and are required to attend all sessions to the best of their ability. Maximum of 30 participants. Free to attend.

Yin Yang Yoga

Yin Yang is a blend of two styles of yoga in one practice. Yin poses are held for longer periods of time. Focus is on slowing down and working deep into the connective tissues and joints in the body. Yang is dynamic sequences (at preferred level of ease/challenge) and standing poses. Focus is on building strength, stamina, and flexibility. Mats and props are available if needed.

Zumba

Zumba is a fusion of Latin and international music that will make you sweat. Interval training at its best. Be prepared to ditch your normal workout and join the party. Featuring samba, meringue, reggaeton steps and more. Bring your water bottle and a towel.



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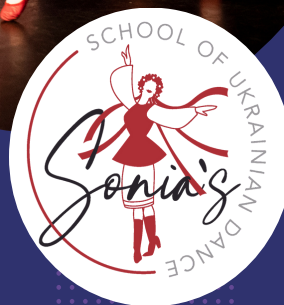
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City of Martensville Events

Event Sponsorship

The City of Martensville would like to thank all the wonderful sponsors who have decided to support our 2023 Events. Thank you to Lakeview Insurance, Kim Hardie Realty, Catterall & Wright. We are always looking for sponsorship from local businesses in the form of volunteers, monetary contributions, gifts in kind, and event day partners. If you are interested in sponsoring a City of Martensville event, please contact 306-683-5575 or email jmcculloch@martensville.ca



LAKEVIEW
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Trio Tuesday

Each Tuesday the Martensville Trio will be hidden somewhere in the City. A clue will be posted on the Facebooks page that will help you find them. E-mail jmcculloch@martensville.ca once you find them to be entered to win a cool prize!



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FREE Kidsport Swim - August 20th

The Martensville Kidsport Committee is excited to be sponsoring a Kidsport Swim. Everyone in the community will have a chance to come and check out the pool for FREE! The Kidsport swim will be held on Sunday, August 20th, from 6:00pm-8:00pm. Space will be limited based on the number of people that attend. Thank you to everyone for your support of Martensville Kidsport over the past year!!

Fall Monster Garage Sale – September 15th and 16th

Our fall Monster Garage Sale is back and will take place on Friday, Sept. 15th, and Saturday, Sept. 16th! The registration fee is \$5 and includes your address listed on the flyer along with the map of Martensville, balloons, and a Monster Garage Sale sign. Flyers will be available for pick up at gas stations, the MAP, and City Hall. This event will be advertised through local papers and social media to guarantee a great turnout! Please register online, at the MAP or City Hall by Tuesday, Sept. 12th.



Culture Days 2023: September 22nd - October 15th

The City of Martensville invites community members to participate in Culture Days. Culture Days is a national celebration of arts and culture. Keep an eye on our Facebook page to see all the upcoming events taking place throughout Culture Days!



Saskatchewan Roughrider Bus Trip – Oct 7th

Join us and come cheer on the Riders!!!! We are booked for Saturday October 7th to watch the Saskatchewan Roughriders take on the Hamilton Tiger-Cats at 5:00pm in Regina. Cost is \$100/adult, \$85/youth. The trip includes your transportation, game ticket, snacks, and of course many free items and prizes throughout the day. Book your spot ASAP by calling 306-683-5577. We have a blast every year and are looking forward to another great trip. GO RIDERS GO!!!!

Halloween at the MAP – October 27th

Come out on October 27th from 6:00pm-8:00pm for an evening of spooky fun at the MAP. Dress up and enjoy some Halloween-themed games, crafts, and activities. Get your tickets at the MAP for \$5/person or \$15/family (same household), for more information email jmcculloch@martensville.ca.

Sip N Shop – November 16th

The Martensville Sip N Shop will begin at 4:00pm and run until 8:00pm at the North Ridge Centre, offering the opportunity to shop for gifts after work while enjoying a few beverages, rather than during the busy weekends! This event grows each year, so you won't want to miss out on all the exciting selling and shopping opportunities. We will start taking registrations from local vendors on August 21st. Registrations will be taken over the phone or in person at the MAP. On September 4th, we will open registration to all vendors. Make sure to register early to secure your spot. The cost of the space is \$60. If you are interested in registering for this event, please contact Recreation Office at 306-683-5575 or e-mail jmcculloch@martensville.ca



City of Martensville Events

Play & Skate with Santa – December 10th

Play & Skate with Santa will take place on Sunday, Dec. 10th at the Sports Centre from 1-3pm. It will be an afternoon full of fun activities for families and kids! You can go on a sleigh ride, skate, take a picture with Santa, get a candy bag, warm up with hot chocolate, and much more! Look out for details on the City of Martensville Facebook page closer to the event. All funds raised at the event are donated directly to KidSport!

Twinkle Tours – December 11th – 15th

Get into the holiday spirit by hopping on the OK tire bus and enjoying a 45 minutes bus tour through our magical City while taking in the light displays!

This is a great activity for families, team windups, and group outings. Full bus rentals are available upon request!

Elf on the Shelf:

Martensville's new resident Marten the Elf – December



The City of Martensville has a new resident, Marten the Elf! He has decided to make Martensville his home and throughout the month of December make some surprise appearances at local shops, parks, and businesses.

Make sure to keep an eye out for his shenanigans, as he sometimes can get himself into trouble. If you see Marten doing anything suspicious, make sure to email jmcculloch@martensville.ca a photo of your family catching him in the act, and you can win some fun prizes!



Saskatchewan Lotteries & Prairie Central District

Thank-You Saskatchewan Lotteries and the Prairie Central District for grants provided that support our local sport, culture, and recreation activities!



PRESCHOOL REGISTRATION IS NOW OPEN!

Preschool for children 3 & 4 years old in Martensville, Warman and Forest Grove-Saskatoon. Choose from our 2-day or 3-day programs. Contact an LELC location near you for more details.

Martensville - Preschool - Venture Heights School

School Age Program - New Horizons Centre

306-931-4633 - tasha.martensville@lelc.ca

Warman - 123 South Railway Street West

306-933-2328 - kristen.warman@lelc.ca

Saskatoon - Grace Lutheran Church Forest Grove - 603 115th St.

306-934-4979 - krystina.saskatoon@lelc.ca

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Recreation & Community Services

Kinsmen Park

With over 100 acres of green space located in the heart of the City of Martensville, Kinsmen Park is Martensville's destination park. From sport activities to casual leisure enjoyment, Kinsmen Park is a great meeting place for family and friends. Amenities include a three-kilometer lit pathway system that connects directly to the City pathway system, 9 hole disc golf course, 2 outdoor fitness pods with 11 pieces of equipment, park benches, picnic shelter, toboggan hill, 3 tennis courts, full size outdoor basketball court, playground, community garden, Kyle Syrenne skate park, fishing, and gazebo.

Kinsmen Park is also home to the new Pump Track and Martensville Slo-Pitch diamonds and connected to the Martensville Athletic Pavilion, Mocon Baseball fields, North Ridge Community Centre, multi-purpose sports fields, the Martensville Aquatic Centre, and three additional ball diamonds.



Bench Dedication & Tree Planting Programs

The Bench Dedication and Tree Planting programs were implemented for the purpose of providing benches and trees along the community walking paths, parks and designated boulevards. These benches and trees may be purchased through sponsorship, advertising, memorial or for a commemorative event or a person. For further information please contact the Parks and Facilities Manager at 306-683-5578 or dcrowe@martensville.ca

Rental Space

The City of Martensville has various opportunities for rental spaces whether it be a wedding, birthday party, fundraiser, or a meeting. Please contact the Recreation Program Supervisor at 306-683-5577 for information on rates, sizes, and availability. Facility options are as follows:

- North Ridge Community Centre – Large events or wedding - 450-person capacity
- Upper Mezzanine – Meetings and other small events – 90-person capacity
- Heritage Centre – Meeting and other small events – 70-person capacity

Fall Public Skating & Shinny Schedule

Please note that the Sports Centre will be opening August 28th. Extra Public Skating and Shinny times have been added in September. Check the website at www.martensville.ca for a full schedule of Public Skating & Shinny Times.



Recreation & Community Services

Cemetery

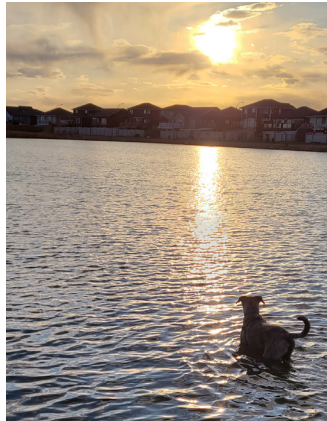
The site is located east of Martensville at the south-east corner of Township Road 384 and Range Road 3052. Phase I of the cemetery includes 296 casket lots, 282 cremation lots, half of which can accommodate two cremated remains. Phase I also includes a columbaria section where remains can be stored. The cemetery will be operated out of City Hall. Anyone interested in a cemetery lot may call 306-931-2166 to inquire about the purchase of lots. The cemetery design, bylaws, floral and monument regulations, and information on licenses and fees are available at www.martensville.ca.

Outdoor Pickleball & Tennis Courts

The City of Martensville has three outdoor tennis courts located in Kinsmen Park and five outdoor pickleball courts at the outdoor rink located at the Sports Centre. Pickleball Nets will be set up Tuesdays and Thursdays from 10:00am-3:00pm.

Off-Leash Dog Park

The off-leash Dog Park is a year-round park located south of 10th Ave S. This is the only area in Martensville that permits dogs off leash. Patrons are reminded to obey park rules which are posted at the entrance to the park from the parking lot. Users of the Off Leash Dog Park will find a large open space for dogs to run as well as pathways within the treed area of the park. Residents can access the park by vehicle and by foot using the pedestrian bridge off the paths behind Glenview Cove.



Lions Park

Lions Park is located at 416 6th Avenue South and is a popular park for family gatherings, with plenty to offer for young and old. Since 2013, this park has featured Spray Park with 17 different spray features and concrete basin. The Spray Park opens the first weekend in June and runs until the Tuesday after the September long weekend. Hours of operation are 10:00am-8:00pm. Another feature of Lions Park is the newly constructed gazebo. The gazebo provides needed shelter and an area to host family outings or special events. Plenty of green space is also available for a variety of games.

The Lions Park Playground received a significant upgrade in the summer of 2023 that included the installation of rubber surfacing and additional equipment, including accessible swings. The upgrade also included the addition of a Playtop Street iOval. The iOval is an interactive rubberized play area programmed with a variety of games designed to challenge as well as enhance coordination and collaborative play. Thank you to the Martensville Lions Club, who coordinated and funded this major upgrade.



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Martensville Athletic Pavilion

Come check out the MAP, there is something for everyone!! Daily, 10 pack, 20 pack, monthly, and yearly memberships are available. Hours of operation are Monday-Friday 7:00am-10:00pm and Saturday / Sunday 8:00am-9:00pm. For the months of July and August we will be open Monday-Friday 7:00am-10:00pm and Saturday / Sunday 9:00am-6:00pm. We are closed all stat holidays. You can call 306-683-5576 for more information. You can also view our schedule on-line at www.martensville.ca

THE MAP WILL BE CLOSED AUGUST 8TH – 20TH FOR MAINTENANCE. If you have a MAP monthly or yearly membership, we will extend your membership by 13 days.

Program	Age	Day & Time	Starts & Ends	Cost
After School Drop-In	8-17	Mon - Fri 3:15pm - 5:00pm	School Year Sept. 1 - June 30	\$3.25 / drop in
Seniors Walking & Pickleball	55+	Mon - Wed - Fri 1:00pm - 4:00pm	Year Round	\$3.25 / drop in
Toddler Time	0-5	Mon. - Fri. 9:00am - 12:00pm	Year Round	\$3.25/ toddler
Toddler Time Frenzy	0-5	Thurs. 9:00am - 12:00pm	Nov. 2, Dec. 7, Jan. 4, Feb. 1, Mar. 7, Apr. 4	\$5.00/ toddler

After School Drop-In

If your kids are bored or you want them to get a little more active, then bring them down to the Athletic Pavilion. Ages 8-17 can come and partake in a variety of sporting activities. Anyone 8 and under must be accompanied by an adult.

Toddler Time

Need to get your toddler out of the house for a while? Toddler time is an open gym time with a variety of equipment and play apparatuses. At this program parents/caregivers share with their children the importance of play in a fun and interactive setting. Indoor footwear or socks are required, and all food must be consumed in the lobby area.

Fitness Area

The fitness area consists of 3 treadmills, 3 ellipticals, 1 stair climber, 6 bikes (spin, upright, and recumbent), a cable cross machine, ab machine, leg curl, leg extension, pec fly, leg press, and chest press. Children under 12 are not permitted in the Fitness Area. Children aged 12-14 must be supervised by an adult when using the Fitness Area.



Toddler Time Frenzy

This event was a hit last year, so we are going to bring it back!! Shake off those cold weather blues and bring your little ones to our Toddler Time Frenzy at the MAP!! We will have our Toddler Time toys, a Bouncy Castle, and some extra fun activities for the kids. We will also have coffee and treats for all the caregivers. Cost is \$5/child and will be held at the MAP on the first Thursday of the month from November - April.



Seniors Walking and Pickleball (55+)

We are excited to be continuing our Seniors Programming at the MAP. Come for some fitness, socializing, games, laughs, and good times. Use our fitness center, the track, play pickleball, or badminton. There is something for everyone.

Martensville Athletic Pavilion

MAP Admission Rates

2023 Admission prices include access to the walking track, the fitness area, and any drop-in programs.

Adults (19-54)

Single Admission.....	\$8.00
10 Pack Admission.....	\$53.50
20 Pack Admission.....	\$94.50
1 Month Admission.....	\$77.25
12 Month Admission.....	\$554.00

Senior (55+)

Single Admission.....	\$5.00
10 Pack Admission.....	\$39.25
20 Pack Admission.....	\$61.00
1 Month Admission.....	\$52.25
12 Month Admission.....	\$367.00

Youth (5-18)

Single Admission.....	\$4.25
10 Pack Admission.....	\$29.75
20 Pack Admission.....	\$50.50
1 Month Admission.....	\$45.25
12 Month Admission.....	\$277.00

Family

Single Admission.....	\$19.75
10 Pack Admission.....	\$130.00
20 Pack Admission.....	\$236.00
1 Month Admission.....	\$164.00
12 Month Admission.....	\$1073.00

0 - 4 years Free except for Toddler Gym Time..... \$3.25/toddler

High School Student Membership.....\$85.00

* For Grade 9-12 students attending MHS or living in Martensville.

* Must have a High School ID card.

Valid for the 2023/24 School year, passes expire June 28th, 2024

MAP Rental Rates

2023 Rentals can include a wide variety of things including birthday parties, practices, youth groups, or just gym rentals. Please call the MAP at 306-683-5576 for availability of rental times.

Board Room

Per Hour.....	\$32.00
Service Group Per Hour.....	\$16.00

Multi-Purpose Room

Per Hour.....	\$45.75
Service Group Per Hour.....	\$16.00

Track

Per Hour.....	\$95.50
Service Group Per Hour.....	\$58.25
Per Lane Per Hour.....	\$23.75
Service Group Per Lane Per Hour.....	\$14.50

Birthday Party Package

1.5hr on a court & 30min in a room\$110.00

1 Court

Per Hour.....	\$71.75
Service Group Per Hour.....	\$22.25

Full Gym

Per Hour.....	\$210.00
Service Group Per Hour.....	\$66.75

Floor Covering Install/Removal

1 Court.....	\$200.00
2 Courts.....	\$400.00
3 Courts.....	\$600.00

Turf Install/Removal

1 Court.....	\$1575.00
2 Courts.....	\$2625.00
3 Courts.....	\$3675.00

**The Day rate is 10 times the hourly rate.*



PUDDLE JUMPERS PRESCHOOL

Puddle Jumpers Preschool is a private preschool that offers a caring learning program with a focus in early childhood education. We offer a wide range of play that gives children abilities in memory, self-regulation, oral language and social skills for a foundation in school success. Classes are mixed 3 & 4 year olds and are offered Sept-May, located in the Civic Centre on Main street.



Registration is open for the 2023/2024 year

Monday/Wednesday/Friday 9:15am-11:30am

Monday/Wednesday

12:45pm-2:30pm

Tuesday/Thursday

9:15am-11:30am

For information email
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Saturday - 8am - 10 pm

Local Service Groups

MCRP - Martensville Community Recreation Project

The Martensville Community Recreation Project is working to provide a new rink and multi-sport recreational facility in the City of Martensville. We host multiple events to raise awareness and funds, which go directly towards that goal. We are very excited to announce that we are now 91% towards our \$4M community fundraising goal!!! Thank you for your support.



Go down in history: Feature your name on our Donors Wall. Celebrate a teammate, honour a friend or family member, thank a coach or support a business. Minimum \$1000 donation which can be pledged at only \$17 a month. A charitable tax receipt will be issued for your donation and your name will be added to the Donors Wall inside the new recreation facility. To be part of this lasting legacy, contact our campaign office at campaign@mcrp.ca.

Naming Opportunities: Leave a lasting memory at the province's newest multipurpose recreation facility. Numerous recognition opportunities are available throughout the building and provide enduring recognition for the community's most generous supporters.

The MCRP's annual events and dates are:

- Martensville 3 on 3 Hockey Tournament - August 27th - September 10th, 2023
- Cabaret - Saturday, November 4th, 2023
- Party on the Pond - March 1st & 2nd, 2024
- NHL Playoff Draft - April 6th, 2024 (or the first Sunday after the completion of the NHL regular season)
- Street Hockey Fun Day - Part of Buster Days

The MCRP is working with other groups in our city to offer opportunities to raise awareness and funds for recreational facilities in the community.

For more information and updates please check us out at our website www.mcrp.ca or find us on Facebook and Instagram.

Prairie Valley Scouts

Beavers, Cubs, and Scouts are open to boys and girls, ages 5-14. Beavers (age 5 - 7), Cubs (age 8 - 10), and Scouts (age 11-14) will be meeting Tuesdays at Venture Heights School. A weekend family camping trip is held at the end of the year in June. Registration is online at www.myscouts.ca. If you have any questions, you can email prairievalleyscouts@gmail.com. Come learn about respecting nature and each other, the community, recycling, and making new friends. We spend time outdoors, play games, go on outings, make crafts, and have fun. JOIN THE ADVENTURE!



Martensville High School - 150 Mike Sands Blvd – 306-931-2230

Martensville High School is the home of the Royals and a place where we believe all students can be self-motivated, empathetic, confident, critical, and reflective learners who are prepared for their next steps in life. In the fall of 2015, students and staff at Martensville High School moved their operations into their state-of-the-art new building. The spacious facility is full of natural light and numerous unique learning spaces. The school has at its center a 300-seat performing arts theatre as well as a music room. In addition, the school is directly connected to the incredible Martensville Athletic Pavilion. The original part of Martensville High School received a thorough renovation that included significant upgrades to the Practical and Applied Arts areas. Martensville High School has a population just over 550 students in grades 9 through 12. The school offers a rich spectrum of academic and vocational classes including apprenticeship program credits. Students at MHS can participate in all major SHSAA sports programs and a variety of extracurricular clubs.



Girl Guides

Girl Greatness Starts Here: Girl Guides of Canada (GGC) stands for what it has always stood for - fun, friendship and adventure. GGC is a safe, accepting environment with diverse and exciting programs and activities that offers girls the chance to learn, grow and discover through age-appropriate programming. From sports, camping and science to eco-activities, crafting, travel and community projects, Guiding's girl centred programming has something for everyone. Guiding is bold, fun, energetic and gives girls the tools and resources they need to achieve greatness.

Our year runs from September until April for Sparks (grades K & 1), Brownies (grades 2&3) Guides (grades 4, 5 & 6), Pathfinders (grades 7, 8 & 9) and Rangers (10, 11 & 12).

Please email martensvilleguiding@gmail.com if you have any questions.



Local Service Groups

2023 - Martensville Curling Club

We are getting ready to welcome everyone to another fun filled season of curling at the Martensville Curling Club for 2023-2024.

Our volunteer executive board members are hard at work in the off-season working on some upgrades / improvements. Some of which include new lighting for the ice-surface, flooring and paint in the lounge. There are a few more items on the list that we hope to accomplish, but as we all know ~ summer is so short!



Our regular league play will get underway in the latter part of September/first week of October. If you are interested in entering a team, here is a summary of our leagues/nights:

- Monday Night - 6:45pm Open League
- Monday Night Doubles - 9:00pm (runs for 6-8 week durations)
- Tuesday Daytime League - 10:00am
- Tuesday Night - 6:45pm Modified Mixed League (must have 1 member of the opposite sex on the team)
- Tuesday Night - 9:00pm Social League (6 week durations, & 6 end games)
- Wednesday Night - 6:45pm & 9:00pm Mens League
- Wednesday Daytime - 1:00pm Drop In league (sign up for individual games, a portion of the season or the whole season. You don't have to enter as a team)
- Thursday Night - 6:45pm & 9:00pm Open League

We will be hosting the Senior Ladies Provincials in March of 2024, so watch for more details on that event.

Our online registration is up & running, so check out our web page for details on leagues, fees and to register your team.
<https://martensvillecurlingclub.com/>

Contact martensvillecurlingclub@gmail.com for more info on anything that you don't see on our website.

574 "Dakota" Royal Canadian Air Cadet Squadron

574 Dakota Squadron meets every Thursday (Sept – Jun) at the North Ridge Centre in Martensville from 6:30pm to 9:00pm.

Servicing the Martensville, Warman, Dalmeny, and Osler areas, we are a youth program for those between the ages of 12 and 19 years of age.

Air Cadets participate in a variety of activities such as survival weekends, sports weekends, range, gliding/power flying and much more. The Cadet program helps to develop today's youth by instilling communication & leadership skills, discipline, and service to others, which are the basis of a great citizen.

The aim of the Air Cadets movement is to:

- develop good citizenship and leadership
- promote physical fitness
- stimulate an interest in flying



Feel free to stop by on any parade night to see what we are all about. There is no cost to join the program and you can register at any time. Check us out on Facebook under 574 "Dakota" Royal Canadian Air Cadet Squadron or visit our website www.574dakota.ca.

Alcoholics Anonymous (AA)

AA meets every Thursday at 8:00pm at the Heritage Centre located at 415 6th Ave S. For more information contact Nathan at ngy568@yahoo.ca or 306-221-3190.

Knights of Columbus

The Knights of Columbus hold regular monthly meetings on the second Tuesday of each month from September to June. Meetings are held at the Immaculate Heart of Mary Church meeting room at 7:30pm. For any information contact David Arnold at 306-281-3047.



Local Service Groups

Valley Soccer Association – Indoor 2023-24

The Valley Soccer Association has options for you and your soccer-playing family! During the winter, VSA provides two avenues for players: grassroots/recreational or competitive/developmental. Both options are quality programs run by volunteer boards and supported by professional staff. If your child is interested in recreational, grassroots soccer; games and practices are held in Warman and Martensville and there will be one definite playing time per week with an additional training session offered separately as an “opt-in” choice. If your child is looking for a more developmental or competitive experience, the Valley United Soccer Club (VUSC) offers a program that plays and participates in the Saskatoon Youth Soccer League (SYSI). There are 3 team events/week, one game and two training sessions. Attendance/engagement/involvement is mandatory for all team events.



We are currently planning our indoor seasons. Stay tuned for more details on the VSA Facebook page, the VUSC Facebook page, and at: valleysoccer.ca or vuscsk.ca

Kinsmen Club

Whether you are new to the area, or have lived here all your life, the Martensville & District Kinsmen are always looking for new members. If you enjoy working on community projects and raising funds to help improve the quality of life for local people and the community in a very social and fun atmosphere, then come to a meeting and see what the Kinsmen are all about! We have meetings on the 1st and 3rd Mondays of the month, upstairs at the Martensville Sports Centre. If you have any questions, or would like more info, please call Arnie at 306-975-3951.



Martensville Amateur Softball Association (MASA) / Twin City Angels (TCA)

Martensville Amateur Softball Association (MASA) and Twin City Angel's (TCA) would like to congratulate all the teams on their victories this year in the 2023 Softball Season. MASA and TCA would like to thank all the players, parents, coaches, executive members, and many volunteers that made the 2023 Softball Season successful. Your hard work is greatly appreciated! We hope everyone had a great season. Please check our website at www.martensvillesoftball.ca or our Facebook page for any information regarding our MASA 2024 season, or www.warmanminorball.com for any TCA upcoming season info. See you all in 2024!



Sask Central Victim Services Inc.

Sask Central Victim Services Inc. is a police-based program that provides confidential assistance to victims of crime and other tragedy. Our staff and locally trained volunteers provide support to victims through crisis intervention, court preparation and accompaniment, information, referrals to local helping agencies and much more. We also liaise with police, prosecutions and/or the Ministry of Justice to offer Victim Impact Statements, Victim's Compensation, Victim's Restitution and much more. For information on services or inquiries on becoming a volunteer please call 306-385-2683 or email saskcentral@outlook.com. Our office is located at the Martensville RCMP detachment.



Sask Central
Victim Services

Martensville Kinettes Club

The Martensville and District Kinettes will be meeting the second Tuesday of every month. We meet at 7:00 pm at the Martensville Arena in the Kinsmen Room upstairs.

The Kinettes are a non-profit service club that is new to Martensville (2019). We are here to serve the community's greatest needs. We accept members from any community surrounding Martensville. We not only do work in our community, but we concentrate on fellowship and fun. We have social outings and love spending time together. We are always up to something, so watch our Facebook page for upcoming events and announcements.



If you are interested in seeing what we do, you can email us at martensvillekinettes@gmail.com or message us on Facebook. You can also call Tracy at 306-280-1833.

Martensville Youth Connection

MYC is a free drop-in program for youth that focuses on developing skills that help youth navigate life, and improve mental health. The program material is overseen by a Registered Social Worker, and delivered by qualified professional counsellors. The first hour is dedicated to teaching about subjects such as self-esteem, triggers, self-harm, addiction, depression, anxiety, consent, boundaries, & healthy relationships. We dedicate time to practice our new skills, and engage in planned activities. At MYC the youth have opportunities to gain volunteer experience. Our holistic approach includes providing healthy snacks, and one on one counselling. Follow us on Facebook and Instagram to see where we are everyday! You can also contact us at 307-370-2107 and by email at myc@possibilitiessrecovery.ca.



Local Service Groups

Sask Valley Riding Club

The Sask Valley Riding Club is made up of members of all ages that enjoy spending time with other horse owners. Through lessons, clinics and other activities, we are given a chance to learn from each other and the various experts we engage throughout the year. Whether you're just looking for some new people to ride with, the opportunity to improve your horsemanship or teach your horse a new skill in a relaxed atmosphere, this club might be right for you. Come on out and let's see what we can learn from each other. For more information email SaskValleyRidingClub@gmail.com.



Rocky Ridge Model Railroad Club

Our club is small, but we are an enthusiastic and growing group interested in model railroading. We are especially motivated in sharing our hobby with our local community and other communities across the province. We take our layout to major shows all over Saskatchewan and Alberta. We like meeting and interacting with families and especially enjoy seeing the children's reactions. The kids like to share in the fun as we let them blow the trains horn, run the trains for a moment and otherwise enjoy model railroading as much as we do. Club meetings are held on the first Thursday of each month from September to June. We welcome new members any time. For more info, please call Ron at 306-270-1420.



Sask Five Baseball

The Sask Five Baseball Association gives the youth in our communities the opportunity to participate and excel in the sport of baseball based out of the city of Martensville. With age divisions for players ages 5 to 18 and all skill ranges for approximately 400 players.

Our association originally included players from Martensville, Warman, Osler, Dalmeny, Langham. In 2023 it now includes players from a total of 26 communities within Sask Sports Zone 5 boundaries.



Sask Five Baseball takes great pride in working together as neighboring communities, building relationships and memories for Youth Players and Parents through the great game of Baseball. For more information visit our website www.saskfivegiants.com - watch for 2024 season registration in Feb 2024.

Martensville Minor Hockey

HOCKEY is BACK! Martensville Minor Hockey 2023/2024 Registration has began and our overall Association numbers have grown again! AA camp dates have been set and players are encouraged to get their AA camp registrations in as soon as possible to assist in planning. There may still be room for those new to hockey to register. Our Executive Board is working hard planning on our return to the ice in September! We are finalizing tiering and evaluation dates and those will be posted on our website once finalized. Please visit us at www.martensvillehockey.ca or follow us on Facebook for additional info.



Martensville Slo-Pitch Association

The Martensville Slo-Pitch Executive would like to thank all those involved in the league this year for their great sportsmanship and dedication. We had a very successful season and are pleased with our league and its members. We are always looking for new ways to improve our league and grounds and will continue to improve our facilities and grounds from year to year. Please contact Kim at martensvilleslopitch17@gmail.com for any league inquiries. I would also like to thank all the executive members and volunteers for their hard work, dedication, and commitment to bettering our league. We could not do it without your help. THANK YOU!! Watch for the Winter Program Guide coming out in December with information regarding registration for the 2024 Season. Congratulations to everyone for another very successful season!!!



Martensville & District Lions Club

Serving the community since 1979. Come and spend an hour with us to learn more about our programs. Regular winter meetings take place on the third Tuesday of the month from September through to May at 7:00 pm at the Heritage Centre on 6th Ave.

We also have our ongoing recycling program in support of the Dog Guide program, just give a call at either 306-491-8914 or 306-290-6766 to have your recyclables picked up.



if you are interested in information on our programs or becoming a Lions member contact us at lionsclubofmartensville@gmail.com or 306-371-0807

Local Service Groups

Martensville New Horizons Seniors

Martensville New Horizons Senior Centre invites anyone 55 years of age or older to join and become members of the centre. Meet new friends and greet old friends. We enjoy potluck meals every Monday at 5:30pm and sometimes we save the cooks and enjoy a catered meal. After the meal there are usually a few people playing cards, some challenging each other to pool, shuffleboard, or board games.

Coffee is every Wednesday morning at 10:00am, everyone welcome, you do not need to be a member to come enjoy a cup of coffee and visiting. There is an AED Defibrillator on the premises, and we have purchased an electrostatic cleaner for sanitizing.

The senior's hall is available for rent. This helps maintain our expenses. For Hall rentals contact Karen Skwark at 306-921-9066 or Lovina Bischler at 306-931-2759.

Our season starts in September and ends with a BBQ in June. Membership is \$50/year.

Some activities subsidized with the grant from Saskatchewan Lotteries are: out of town bus trips to the Spa at Watrous or Moose Jaw, RCMP museum in Regina, the Wheatland Express Train Excursion from Cudworth to Wakaw, the Prairie Lily, local school plays, the Barn Playhouse, MAP memberships and sometimes musical entertainment after the meal.

We are grateful to the Affinity credit union for their support and a donation towards kitchen upgrades.

We are always looking for new members so please check us out. We promise you a great time. For more information about the Martensville Seniors Centre or to become a member contact Ed Nowakowski - 306-382-2793, 306-370-5365 ernowakowski@sasktel.net.



Central Valley Volleyball Club

This club volleyball program is geared toward girls and boys from ages 12yrs to 18yrs that live in Warman, Martensville and surrounding area. The club volleyball season typically runs from November to May and includes practices, tournaments, and provincials. Practices are held in Warman and Martensville. Tryouts are held in October, watch for complete details on our website or Facebook Page. Saskatchewan Volleyball Association also provides further information on all volleyball programs in the province. CVVC is actively recruiting coaches for the 2023-2024 season for all divisions. If you are interested in coaching, please contact Heather Chatfield – cvcv.camp@gmail.com or Kevin Davis – cvc@sasktel.net or www.centralvalleyvolleyball.com



Martensville Food Pantry

The Martensville Food Pantry is made up of a group of volunteers who help families and individuals obtain food stability in Martensville and rural area. We also collaborate with the SPCA in distributing pet food.

We make up food hampers every Wednesday for those requests received by Tuesday 8pm. Requests can be made every 2 weeks.

We have recently become Incorporated and hope to be able to issue tax deductible receipts in the near future.

This fall we will be initiating a temporary seniors delivery program in Martensville.

For information and/or hamper requests please call /text 306-280-1255 or email martensvillefoodpantry@gmail.com or contact Martensville Food Pantry on Messenger.



Kidsport™ Fundraiser

The 2023 Kidsport™ raffle is going ahead, and tickets will be on sale starting May 1st! Tickets are 1 for \$5.00 and will be available at various locations, including the MAP, A & W as well as online. The draw date for the raffle is September 16th at 3:00pm at the A & W. We'd also like to thank our sponsors Richard Reimer Realty, Martensville A & W, Martensville Lions Club, Clarks Crossing Gazette, Martensville Building and Home Supply, and Brad's Towing. Thank you for your continued support!



Local Service Groups

Skate Martensville

Become part of Martensville's skating family! Skate Martensville is a non-profit skating club dedicated to offering a safe and stimulating environment for individuals to participate in skating for fun, fitness and/or achievement. If you want to learn to skate, strengthen your hockey or skating skills, become a competitive figure skater, or skate as a team, Skate Martensville has a skating program designed for you:



CanSkate is a learn-to-skate program that is geared to beginners of all ages. Whether you are looking to improve basic skating skills for figure skating, hockey, ringette or speed skating, or wish to skate for recreation, fitness or fun, CanSkate will get you there. CanSkate lessons are given in a group format led by NCCP certified coaches using teaching aids, music and activities that create a fun environment and promote learning. Skaters can choose to skate once or twice per week on Tuesdays and/or Thursdays. A PreCan program is also available for skaters age 3-4 with no skating experience. Children must be 3 as of October 1st.

PreSTAR is designed to bridge skaters between the CanSkate and STARSkate programs. PreSTAR skaters work towards completing the final stages of the CanSkate program and also strengthen skills required to enter the STARSkate program. PreSTAR lessons occur on Tuesdays and Thursdays.

STARSkate offers opportunities for advanced skaters to develop fundamental figure skating skills in the areas of skills, freestyle, ice dance, artistic and synchronized skating. STARSkaters have the opportunity to take Skate Canada tests through a nationally standardized testing system and may also choose to enter competitions and/or participate in the CompetitiveSkate program. STARSkate lessons are led by NCCP certified coaches and are offered in group and/or private lesson format. STARSkate lessons occur on Tuesdays, Thursdays, and Fridays.

Synchronized Skating, or "synchro" is a specialized discipline of skating involving groups of eight or more skaters performing various group formations and maneuvers. The objective is for the team to perform as one unit executing circles, blocks, lines, wheels and intersections in unison to the music, while demonstrating quality edges, power and flow. Skaters of all ages are welcome to join either the STAR or Adult synchro team. Skaters must have passed STAR 1 skills to join the STAR team and must be at least 18 years of age to join the Adult team. Synchro teams practice on Fridays.

Skate Martensville's season runs from October to March and includes 22 weeks of skating. The season concludes with a celebratory Ice Show at the end of March.

Registration is available online at skatemartensville.ca.

Questions? Contact Nicole at skatingclub1@gmail.com.

Maddogs Football

Maddogs Football offers programs in conjunction with our partners at SMF for youth from Kindergarten to Grade 9 from flag to tackle. There will be online registration this year for fall programs through www.saskatoonminorfootball.com. For additional information about SMF's programs, please visit www.saskatoonminorfootball.com or through us at www.maddogsfootball.ca. Registration deadline for both Flag and Tackle football is July 15th and after this date there is a \$50.00 late fee on all leagues.

SMF/ NFL Fall 5 on 5 Flag Football

- Colts- Grades Kindergarten to Grade 1
- Stampede - Grades 2-3
- Hilltops - Grades 4-5
- Huskies - Grades 6-7
- Riders - Grades 8-9
- Rams - Grades 10-12



These leagues run from Sept. - Oct. and include 2 games/week. Fees are \$185.00 (late fees begin July 15th). For more information, please go to www.saskatoonminorfootball.com or our Maddogs website.

Maddogs Tackle

- Peewee: Grades 6 and 7
- Bantam: Grades 8 and 9

Fees are \$440 (late fees begin July 15th) Season runs Aug. 29th - Nov 6th with games beginning September 11th. Stay tuned to Facebook and our Maddogs website for information on equipment fitting.

Please note that all programs are now registered and administered through SMF. For more information on tackle football or additional programs contact Som Houmphanh or Alyshia Hind at martensvillemaddogs@gmail.com, or go to our Maddogs website.

Martensville Library

A branch of the Wheatland Regional Library



HOURS OF OPERATION

Monday, Wednesday, Friday	9:30 AM—6:00 PM
Tuesday, Thursday	9:30 AM—8:00PM
Saturday	9:30 AM—2:00 PM
Sunday	Closed

Martensville Civic Centre (66 Main Street)

306-956-7311

martensville.library@wheatland.sk.ca



Babies up to 1 Year—Register for a 5-Week Session

Books & Babies is a FREE 5-week registered program for caregivers & babies up to 1 year of age.

The program focuses on developing early literacy skills through rhymes, stories, songs and provides time after the program to socialize.

Registration is required to attend the 5 week program

SESSION A: (5 Weeks)

Tues, Oct 17 @ 10:30 AM
Tues, Oct 24 @ 10:30 AM
Tues, Oct 31 @ 10:30 AM
Tues, Nov 7 @ 10:30 AM
Tues, Nov 14 @ 10:30 AM

SESSION B: (5 Weeks)

Tues, Nov 21 @ 10:30 AM
Tues, Nov 28 @ 10:30 AM
Tues, Dec 5 @ 10:30 AM
Tues, Dec 12 @ 10:30 AM
Tues, Dec 19 @ 10:30 AM



Thursdays @ 10:30 AM—Drop In (Best Suited for Ages 3—5)

Join us for stories, songs and a craft at our Pre-School Story Time. The program is best suited to ages 3 to 5, as there are more stories to listen to, but all ages are welcome to attend.

SEPT STORY TIME DATES

Thurs, Sep 21 @ 10:30 AM
Thurs Sep 28 @ 10:30 AM

NOV STORY TIME DATES

Thurs, Nov 2 @ 10:30 AM
Thurs, Nov 9 @ 10:30 AM
Thurs, Nov 16 @ 10:30 AM
Thurs, Nov 23 @ 10:30 AM
Thurs, Nov 30 @ 10:30 AM

OCT STORY TIME DATES

Thurs, Oct 5 @ 10:30 AM
Thurs, Oct 12 @ 10:30 AM
Thurs, Oct 19 @ 10:30 AM
Thurs, Oct 26 @ 10:30 AM

DEC STORY TIME DATES

Thurs, Dec 7 @ 10:30 AM
Thurs, Dec 14 @ 10:30 AM

REGISTER FOR PROGRAMS BY CALLING 306-956-7311



Toddler Story Time (Ages 0—3 Years & Caregivers)

Recommended for 0 to 36 months and their caregivers. We focus on songs and motion to improve kids fine motor skills, in addition to short books that help young kids learn and grow. The program will have a maximum limit of 12 kids per program on a first come basis. Drop by the desk to get a ticket from the librarian to get entry into the program.

Fridays @ 10:30 AM—Drop In—Maximum of 12 kids per session

SEPT WIGGLES DATES

Fri, Sep 22 @ 10:30 AM
Fri, Sep 29—NO PROGRAM

OCT WIGGLES DATES

Fri, Oct 6 @ 10:30 AM
Fri, Oct 13 @ 10:30 AM
Fri, Oct 20 @ 10:30 AM
Fri, Oct 27 @ 10:30 AM

NOV WIGGLES DATES

Fri, Nov 3 @ 10:30 AM
Fri, Nov 10—NO PROGRAM
Fri, Nov 17 @ 10:30 AM
Fri, Nov 24 @ 10:30 AM

DEC WIGGLES DATES

Fri, Dec 1 @ 10:30 AM
Fri, Dec 8 @ 10:30 AM
Fri, Dec 15 @ 10:30 AM



EENSY WEENSY RHYMERS

For kids ages 0 - 3 and their caregivers

4 week free program - Registration Required

Foundations and the Martensville Library are happy to partner to bring this program to Martensville. Join us for songs and rhymes to help in the daily routines of parenting. A take home book and snacks will be provided at no cost. Call the library at 306-956-7311 to register.

Martensville
Library

Mon, Sep 11 @ 10:00 - 11:00 AM

Mon, Sep 18 @ 10:00 - 11:00 AM

Mon, Sep 25 @ 10:00 - 11:00 AM

Tue, Oct 3 @ 10:00 - 11:00 AM



Foundations
Learning & Skills
Saskatchewan



TAKE & MAKE ACTIVITIES

Weekly Take Home Activities

Drop by to pick them up to take home and create. Limited quantities available.



Hootie Breakout Kit

New kit coming in mid October.

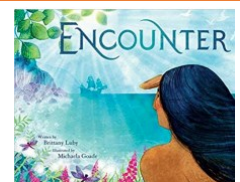
This will be a hybrid kit of online and in-branch clues to complete.



Encounter by Brittany Luby

September 11—16 (Weather Permitting)

Location: Veterans Square



MORE PROGRAMS ARE BEING PLANNED FOR FALL!

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SERVICE GROUP DIRECTORY

PROGRAM	CONTACT	PHONE	E-Mail
574 Dakota Squadron, RCAC	Captain Ashley Wadson	306-222-8628	574rcacs@gmail.com
AA	Nathan Yelland	306-221-3190	ngy568@yahoo.ca
Central Volleyball Club (youth)	Kevin Davis		cvvc@sasktel.net
Curling Club	Clint Dieno	306-717-7165	martensvillecurlingclub@gmail.com
Guiding Association	Amanda Pitka		martensvilleguiding@gmail.com
Information & Visitor Centre	Kristee Lynn Adrian	306-242-0362	martensvilleinfo@sasktel.net
Kidsport / Jumpstart Funding	Angie Reddekopp	306-683-5577	areddekopp@martensville.ca
Kinette Club	Tracy Shaw	306-280-1833	martensvillekinettes@gmail.com
Kinsmen Club	Arnie Deschner		martensvillekinsmen@gmail.com
Knights of Columbus	Keith Schwark	306-221-3612	keithschwark@yahoo.ca
Library	Marla Skomar	306-956-7311	martensville.library@wheatland.sk.ca
Lions Club	Geoff Passy	306-371-0807	lionsclubofmartensville@gmail.com
Mad Dog Flag Football	Devin Hind	306-221-3117	devinhind@gmail.com
Mad Dog Tackle Football	Som Houmphanh	306-380-2780	somhoumphanh@sasktel.net
Martensville Amateur Softball			martensvillesoftball@gmail.com
M'ville Basketball Association	Angie Reddekopp	306-683-5577	areddekopp@martensville.ca
M'ville Community Rec. Project	Gerri Sametts	306-280-4941	clelan@sasktel.net
M'ville Fire Dept. School Liason	Dean Brooman	306-934-5822	dbrooman@martensville.ca
M'ville Fire Dept. Public Relations	Dean Brooman	306-934-5822	dbrooman@martensville.ca
Martensville Food Pantry	Tara Wagner	306-280-1255	martensvillefoodpantry@gmail.com
M'ville High School Football	Tyler Munday		tyler.munday@spiritsd.ca
Minor Hockey	Trevor Hanley	306-291-0579	hanleytrevor@yahoo.com
Minor Soccer			msa.info.sk@gmail.com
New Horizons Seniors	Ed Nowakowski	306-370-5365	ernowakowski@sasktel.net
Pickleball Club	Cheryl Hale	306-931-2716	chale@sasktel.net
Prairie Sky Chamber	Debbie Brown	306-292-7066	contact@prairieskychamber.ca
Rocky Ridge Model Railroad Club	Ron Begalke	306-270-1420	ron.b2@sasktel.net
Sask Central Victim Services	Amanda Tittmore	306-385-2683	saskcentral@outlook.com
Sask Five Baseball Association	Brian Hubbard		saskfive.president@gmail.com
Sask Valley Riding Club			saskvalleyridingclub@gmail.com
Scouting Association	Rita Harrison		prairievalleyscouts@gmail.com
Skate Martensville	Nicole Gryba		skatingclub1@gmail.com
Slo-Pitch Association	Kim Eckes	306-292-9462	martensvilleslopitch17@gmail.com
Twin City Angels Softball	Heather Chatfield	206-280-8592	tcapresident22@gmail.com
Valley Soccer Association	Katrina Lewis		vsainfo@valleysoccer.ca
Valley United Soccer Club	Jaime Drader		vusc.sk.reg@gmail.com
<u>Schools</u>			
Busyfingers Preschool	Jaclyn Trach		president@busyfingerspreschool.ca
Lutheran Early Learning Preschool	Natashe Merko	306-931-4633	Tasha.martensville@lelc.ca
Puddle Jumpers Preschool	Brandy Mossop	306-270-3203	puddlejumper_prek@hotmail.com
Valley Manor	Brett Reis	306-931-2233	vms@spiritsd.ca
Venture Heights	Ron Biberdorf	306-934-2185	vhs@spiritsd.ca
Lake Vista	Chris Mason	306-683-4300	lakevista@spiritsd.ca
Holy Mary	Luisa Giocoli Clark	306-659-7870	holy.mary@gscs.ca
High School	Martin Johnson	306-931-2230	mhs@spiritsd.ca

Calendar of Events

■ August

- 14 FALL REGISTRATION OPENS at 9:00am
- 20 FREE KidSport Swim
- 27 MCRP 3 on 3 Hockey begins

■ September

- 5 Parent & Tot Skating begins
After School Drop-In at the MAP begins
- 9 Babysitting Course
- 10 Staying Home Alone
- 11 Karate begins
Eensy Weensy Rhymes at the Library begins
- 11-16 "Encounter" Storybook Trail
- 12 Kids in the Kitchen begins
Pickleball Drop-In begins
Aqua Scale-able begins
Yin Yang Yoga begins
- 13 Adult Floor Hockey Drop-In begins
Line Dance begins
City Circuit begins
Gentle Yoga begins
- 14 Learn to Play Pickleball begins
Zumba begins
Aqua Intense begins
- 15 SMBA Basketball Registration Closes
- 15 & 16 Fall Monster Garage Sale
- 16 KidSport Raffle Draw Date
- 18 Ball Hockey begins
- 20 Wood Carving begins
- 21 Staying on Your Feet begins
Storytime at the Library begins
- 22 Culture Days start
Wiggles 'n Giggles at the Library begins
- 25 Family Night Out Drop-In begins
Adult Basketball Drop-In begins
- 26 Gymnastics Monarchs begins
- 27 Gymnastics Caterpillars and Cocoons begins
Sportball Multi-sport begins
- 28 Learn to Skate begins
Rhythmic Gymnastics begins

■ October

- 7 Roughrider Bus Trip
- 15 Art Classes Begin
- 16 Volleyball – Rec League begins
- 17 Volleyball – Competitive Spiking begins
Books & Babies Set One begins
- 18 Mini Dunkers Basketball begins
- 21 First Aid & CPR
- 27 Halloween at the MAP
- 28 Halloween Cupcakes

■ November

- 2 Toddler Time Frenzy
- 4 MCRP Cabaret
- 16 Sip N Shop
- 21 Books & Babies Set Two begins

■ December

- 1 Marten the Elf shows up
- 2 Babysitting Course
- 3 Art Classes begin
Staying Home Alone
- 7 Toddler Time Frenzy
- 10 Play & Skate with Santa
- 11 Twinkle Tours start
- 16 Christmas Cupcakes



**Registration
Opens
Monday,
August 14th at
9:00am**



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